

Sacramento Commute Patterns

American Community Survey
Summary Files

Produced by

National Economic Education Delegation

July 25, 2026

Jon Haveman, Executive Director

415-336-5705 or Jon@NEEDEcon.org

Contents

1. Mode of Transportation	2
2. Travel Time to Work	4
3. Place of Work	7
4. Commute Mode by Income	9
5. Commute Mode by Poverty Status	10



1. Mode of Transportation

Figure 1 - 1: Percent of Workers Commuting by Car Alone

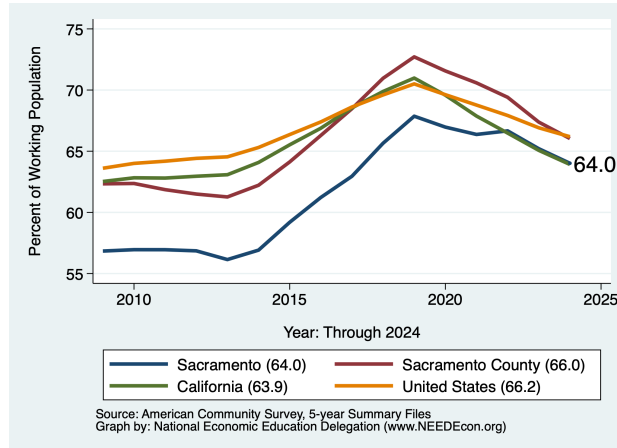


Figure 1 - 2: Percent of Workers Commuting by Car-pool

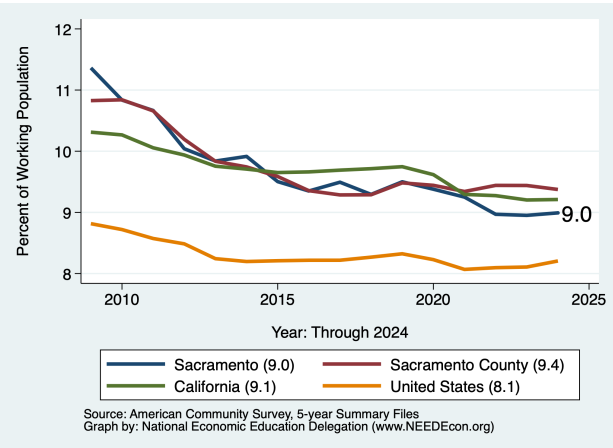


Figure 1 - 3: Percent of Workers using Public Transportation

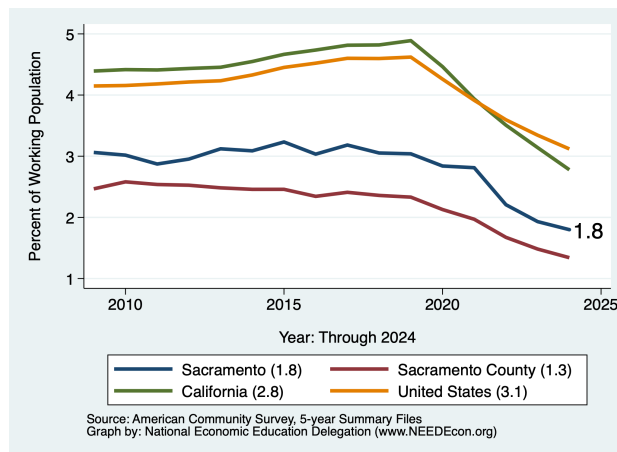


Figure 1 - 4: Percent of Workers Who Work From Home

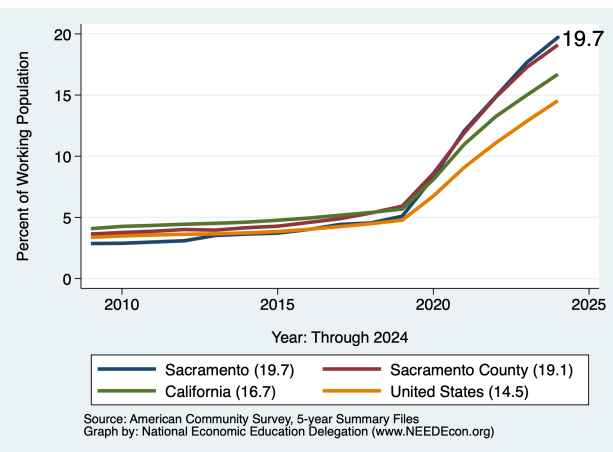


Table 1.1. SEX OF WORKERS BY MODE OF TRANSPORTATION TO WORK

Mode of Transit	Male		Female		All Workers		All of CA
	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van:	99,352	75.3	84,807	70.5	184,159	73.0	75.2
Drove Alone	88,333	66.9	73,144	60.8	161,477	64.0	65.7
Carpooled:	11,019	8.4	11,663	9.7	22,682	9.0	9.5
In 2-person carpool	7,153	5.4	8,275	6.9	15,428	6.1	6.8
In 3-person carpool	2,131	1.6	1,932	1.6	4,063	1.6	1.6
In 4-or-more-person carpool	1,735	1.3	1,456	1.2	3,191	1.3	1.1
Public Transportation (excl Taxi):	2,447	1.9	2,092	1.7	4,539	1.8	2.9
Bus or Trolley Bus	1,292	1.0	895	0.7	2,187	0.9	1.9
Streetcar or Trolley Car	244	0.2	106	0.1	350	0.1	0.5
Subway or Elevated	284	0.2	150	0.1	434	0.2	0.2
Railroad	619	0.5	941	0.8	1,560	0.6	0.1
Ferryboat	8	0.0	0	0.0	8	0.0	0.1
Bicycle	1,922	1.5	1,423	1.2	3,345	1.3	0.7
Walked	3,510	2.7	2,768	2.3	6,278	2.5	2.4
Taxicab, Motorcycle, or other	2,162	1.6	2,032	1.7	4,194	1.7	1.7
Worked at Home	22,549	17.1	27,182	22.6	49,731	19.7	17.2
Total:	131,942	100.0	120,304	100.0	252,246	100.0	

Source: 2024 5-year American Community Survey, Summary File

**Table 1.2. SEX OF WORKERS BY MODE OF TRANSPORTATION TO WORK FOR
WORKPLACE GEOGRAPHY**

Mode of Transit	Male		Female		All Workers		All of CA
	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van:	151,820	82.2	133,773	77.3	285,593	80.5	77.5
Drove Alone	134,622	72.9	114,006	65.9	248,628	70.1	67.3
Carpooled:	17,198	9.3	19,767	11.4	36,965	10.4	10.2
In 2-person carpool	11,258	6.1	14,091	8.1	25,349	7.1	7.1
In 3-person carpool	3,764	2.0	3,067	1.8	6,831	1.9	1.7
In 4-or-more-person carpool	2,176	1.2	2,609	1.5	4,785	1.3	1.3
Public Transportation (excl Taxi):	4,742	2.6	6,199	3.6	10,941	3.1	3.3
Bus or Trolley Bus	2,309	1.3	2,405	1.4	4,714	1.3	2.2
Streetcar or Trolley Car	79	0.0	90	0.1	169	0.0	0.6
Subway or Elevated	187	0.1	283	0.2	470	0.1	0.3
Railroad	2,167	1.2	3,421	2.0	5,588	1.6	0.2
Ferryboat	0	0.0	0	0.0	0	0.0	0.1
Bicycle	2,355	1.3	980	0.6	3,335	0.9	0.8
Walked	3,488	1.9	3,445	2.0	6,933	2.0	2.5
Taxicab, Motorcycle, or other	3,773	2.0	2,258	1.3	6,031	1.7	1.9
Worked at Home	18,531	10.0	23,408	13.5	41,939	11.8	14.1
Total:	184,709	100.0	170,063	98.3	354,772	100.0	

Source: 2024 1-year American Community Survey, Summary File

The results in this table are for those who work in the region, regardless of the location of their residence.

2. Travel Time to Work

Table 2.1. SEX OF WORKERS BY TRAVEL TIME TO WORK

Mode of Transit	Male		Female		All Workers		All of CA
	#	(%)	#	(%)	#	(%)	(%)
Less than 5 minutes	1,990	1.6	1,658	1.4	3,648	1.5	1.9
5 to 9 minutes	8,986	7.4	8,020	7.0	17,006	7.2	7.3
10 to 14 minutes	15,943	13.2	14,716	12.8	30,659	13.0	11.8
15 to 19 minutes	20,126	16.6	19,604	17.0	39,730	16.8	14.6
20 to 24 minutes	21,281	17.6	16,625	14.4	37,906	16.1	14.6
25 to 29 minutes	8,451	7.0	7,782	6.8	16,233	6.9	6.6
30 to 34 minutes	18,983	15.7	15,233	13.2	34,216	14.5	15.2
35 to 39 minutes	2,184	1.8	2,083	1.8	4,267	1.8	2.8
40 to 44 minutes	4,619	3.8	3,715	3.2	8,334	3.5	4.5
45 to 59 minutes	5,455	4.5	5,055	4.4	10,510	4.5	8.7
60 to 89 minutes	4,741	3.9	3,193	2.8	7,934	3.4	8.0
90 or more minutes	4,849	4.0	1,876	1.6	6,725	2.8	4.1
Total:	117,608	97.2	99,560	86.5	217,168	92.0	

Source: 2024 1-year American Community Survey, Summary File

**Table 2.2. SEX OF WORKERS BY TRAVEL TIME TO WORK FOR
WORKPLACE GEOGRAPHY**

Mode of Transit	Male		Female		All Workers		All of CA
	#	(%)	#	(%)	#	(%)	(%)
Less than 5 minutes	2,698	1.6	2,413	1.5	5,111	1.5	1.9
5 to 9 minutes	9,363	5.4	9,057	5.5	18,420	5.5	7.3
10 to 14 minutes	16,832	9.8	19,343	11.7	36,175	10.8	11.8
15 to 19 minutes	23,732	13.8	21,917	13.2	45,649	13.7	14.6
20 to 24 minutes	28,091	16.3	24,558	14.8	52,649	15.8	14.6
25 to 29 minutes	12,869	7.5	9,964	6.0	22,833	6.8	6.6
30 to 34 minutes	28,298	16.4	25,454	15.4	53,752	16.1	15.2
35 to 39 minutes	5,070	2.9	4,013	2.4	9,083	2.7	2.8
40 to 44 minutes	7,239	4.2	6,133	3.7	13,372	4.0	4.4
45 to 59 minutes	13,547	7.9	13,276	8.0	26,823	8.0	8.7
60 to 89 minutes	12,120	7.0	7,070	4.3	19,190	5.8	8.0
90 or more minutes	6,319	3.7	3,457	2.1	9,776	2.9	4.1
Total:	166,178	96.3	146,655	88.6	312,833	93.8	

Source: 2024 1-year American Community Survey, Summary File

The results in this table are for those who work in the region, regardless of the location of their residence.

Figure 2 - 1: Percent of Employed Population With Commutes of More than 30 Minutes

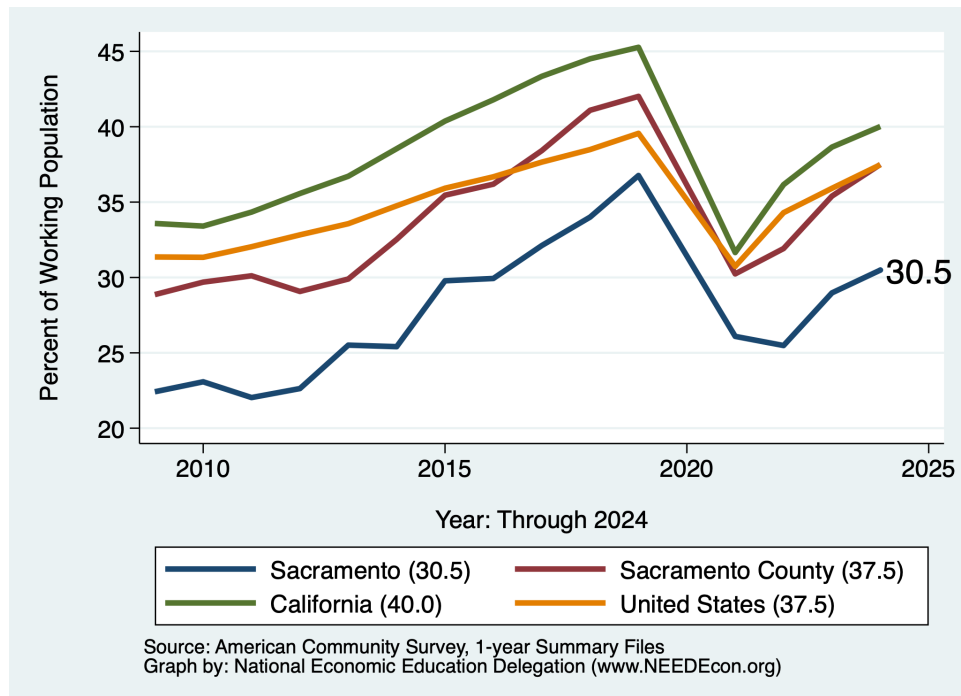


Figure 2 - 2: Percent of Employed Population With Commutes of More than 90 Minutes

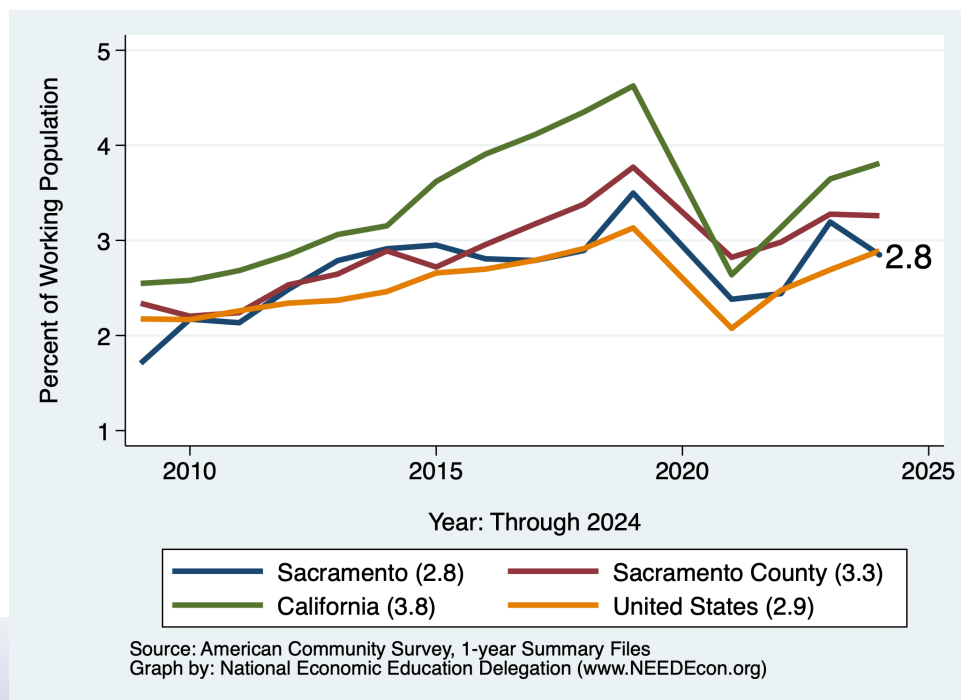


Figure 2 - 3: Percent of Local Employees With Commutes of More than 30 Minutes

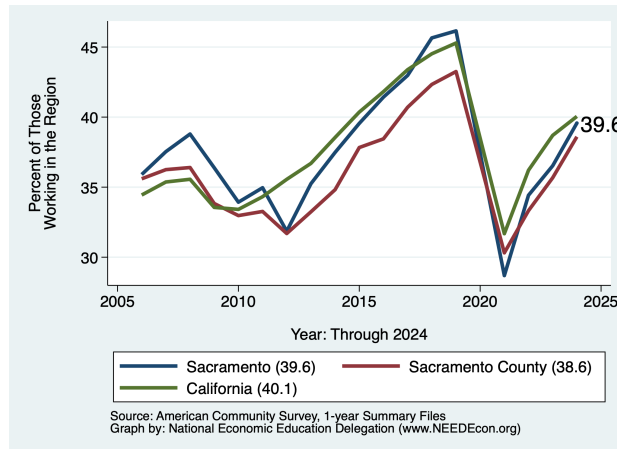


Figure 2 - 4: Percent of Local Employees With Commutes of More than 90 Minutes

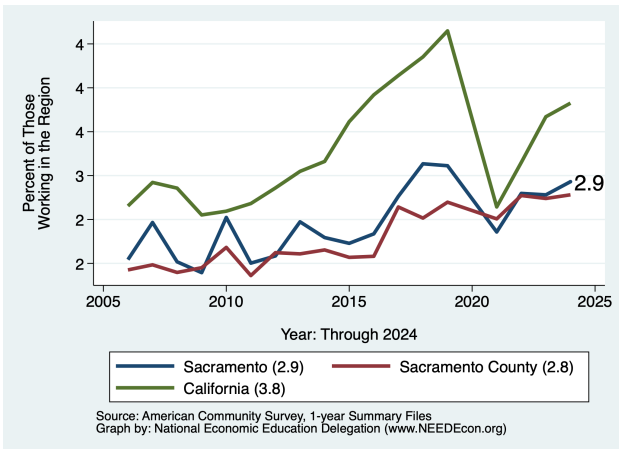
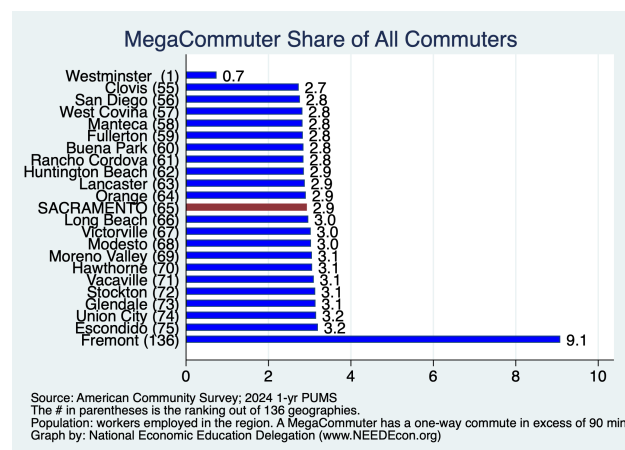


Figure 2 - 5: Rank: Share of MegaCommuters Across Similar Geographies



3. Place of Work

Table 3.1. SEX OF WORKERS BY PLACE OF WORK—STATE AND COUNTY LEVEL

Place of Work	Male		Female		All Workers		All of CA (%)
	#	(%)	#	(%)	#	(%)	
Worked in state of residence:	131,346	99.5	119,863	99.6	251,209	99.6	99.6
Worked in county of residence	108,545	82.3	104,715	87.0	213,260	84.5	85.0
worked outside of county of residence	22,801	17.3	15,148	12.6	37,949	15.0	14.6
Worked outside state of residence	596	0.5	441	0.4	1,037	0.4	0.4
Total:	131,942	100.0	120,304	100.0	252,246	100.0	

Source: 2024 5-year American Community Survey, Summary File

Figure 3 - 1: Percent of Workers Employed Outside of Their County of Residence

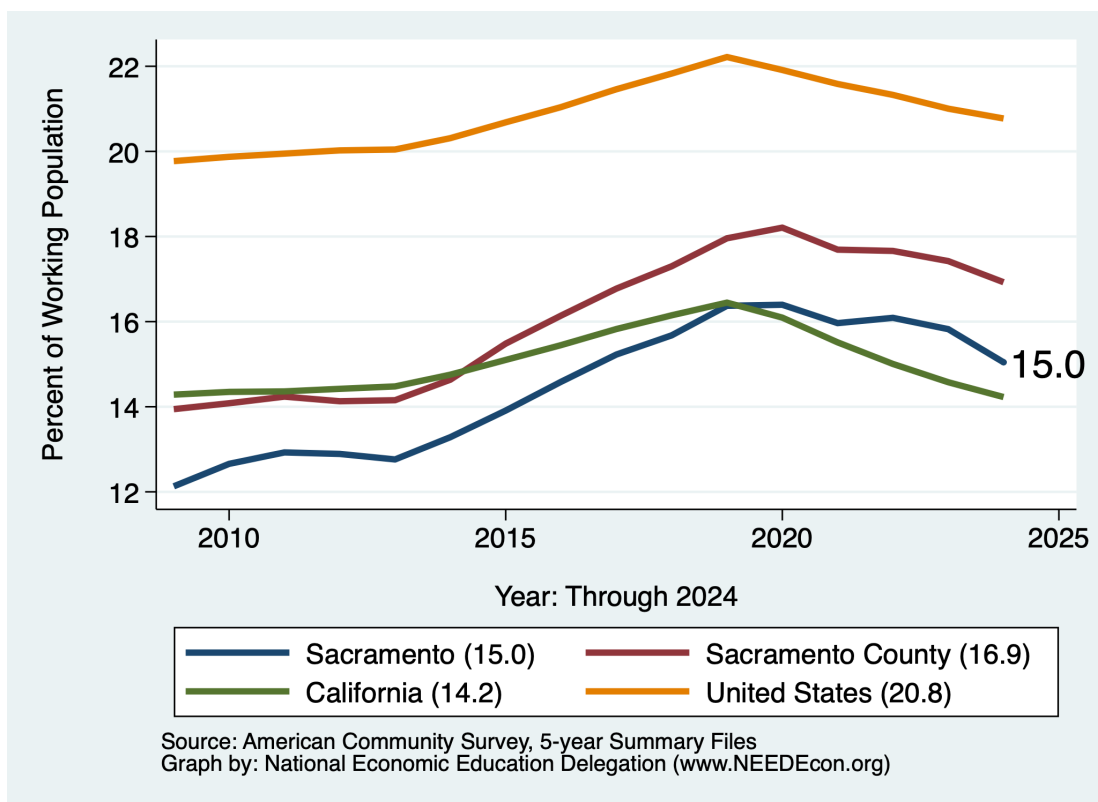
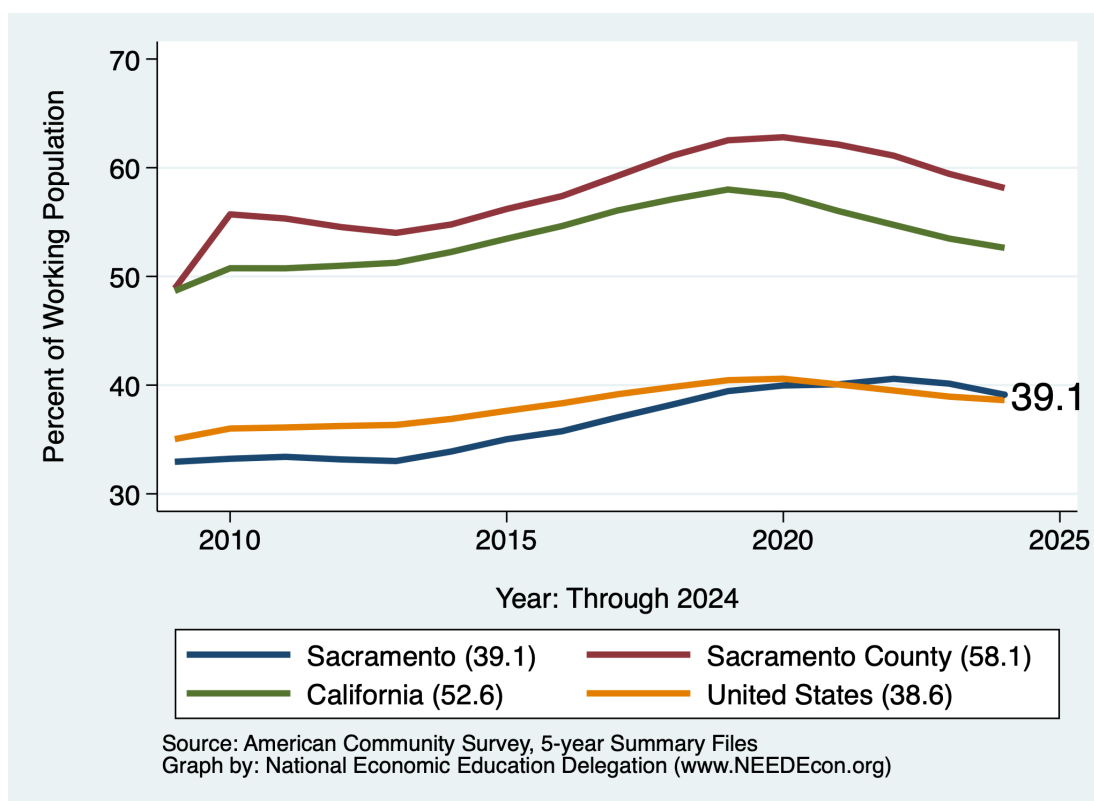


Table 3.2. SEX OF WORKERS BY PLACE OF WORK-PLACE LEVEL

Place of Work	Male		Female		All Workers		All of CA (%)
	#	(%)	#	(%)	#	(%)	
Living in a place:	131,942	100.0	120,304	100.0	252,246	100.0	95.9
Worked in place of residence	76,340	57.9	77,217	64.2	153,557	60.9	41.8
Worked outside place of residence	55,602	42.1	43,087	35.8	98,689	39.1	54.1
Not living in a place	0	0.0	0	0.0	0	0.0	4.1
Total:	131,942	100.0	120,304	100.0	252,246	100.0	

Source: 2024 5-year American Community Survey, Summary File

Figure 3 - 2: Percent of Workers Employed Outside of Their Place of Residence


4. Commute Mode by Income

**Table 4.1. MEDIAN EARNINGS IN THE PAST 12 MONTHS
BY MEANS OF TRANSPORTATION TO WORK**

	Region	California		United States	
		Median	Ratio	Median	Ratio
Car, truck, or van - drove alone	51,040	52,099	99.4	49,452	98.5
Car, truck, or van - carpooled	36,572	39,152	94.8	36,975	94.4
Public transportation (excluding taxicab)	40,603	40,077	102.8	46,296	83.7
Walked	44,187	31,688	141.5	30,030	140.5
Taxicab, motorcycle, bicycle, or other means	44,053	42,476	105.3	39,393	106.8
Worked from home	75,662	84,635	90.7	73,920	97.7
Total:	52,492	53,271	98.5	50,115	104.7

Source: 2024 5-year American Community Survey, Summary File

Notes: 1) Ratio = the ratio of the regional median to either the CA or US median, relative to the Total ratio.

Values above 100 imply a high local median. Values below 100 imply a low local median.

For example, a value of 200 means that the local mean is 2x higher than would be expected.

For "Total:", ratio is simply the ratio of the medians.

2) For regions with more than one geography, the medians are averages weighted by working population.

Table 4.2. MODE OF TRANSPORTATION TO WORK BY WORKERS' EARNINGS

Mode of Transit	< \$25,000		\$25,000-\$74,999		\$75,000+		All		All of CA
	#	(%)	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van: Drove Alone	33,522	43.3	63,065	68.2	47,961	58.0	161,477	64.0	65.7
Car, Truck, or Van: Carpooled	7,439	9.6	7,722	8.4	4,286	5.2	22,682	9.0	9.5
Public Transportation (excl Taxi)	1,324	1.7	1,495	1.6	1,206	1.5	4,539	1.8	2.9
Walked	1,914	2.5	2,102	2.3	1,824	2.2	6,278	2.5	2.4
Taxicab, Motorcycle, or other	1,998	2.6	2,599	2.8	2,218	2.7	7,539	3.0	2.4
Worked at Home	6,735	8.7	15,435	16.7	25,181	30.5	49,731	19.7	17.2
Total:	52,932	68.4	92,418		82,676		252,246		

Source: 2024 5-year American Community Survey, Summary File

**Table 4.3. MODE OF TRANSPORTATION TO WORK BY WORKERS' EARNINGS FOR
WORKPLACE GEOGRAPHY**

Mode of Transit	< \$25,000		\$25,000-\$74,999		\$75,000+		All		All of CA
	#	(%)	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van: Drove Alone	43,305	42.5	81,280	65.7	81,140	61.4	226,293	63.8	65.8
Car, Truck, or Van: Carpooled	8,869	8.7	9,568	7.7	8,046	6.1	30,488	8.6	9.5
Public Transportation (excl Taxi)	2,209	2.2	2,497	2.0	2,555	1.9	8,097	2.3	2.8
Walked	2,318	2.3	2,209	1.8	1,858	1.4	6,958	2.0	2.4
Taxicab, Motorcycle, or other	2,485	2.4	3,236	2.6	3,017	2.3	9,702	2.7	2.4
Worked at Home	6,735	6.6	15,435	12.5	25,181	19.0	49,731	14.0	17.2
Total:	65,921	64.7	114,225	92.3	121,797	92.1	331,269	93.4	100.0

Source: 2024 5-year American Community Survey, Summary File

The results in this table are for those who work in the region, regardless of the location of their residence.

5. Commute Mode by Poverty Status

Table 5.1. MODE OF TRANSPORTATION TO WORK BY POVERTY STATUS

Mode of Transit	In Poverty		100-149% of Pov		>150% of Pov		All		All of CA
	#	(%)	#	(%)	#	(%)	#	(%)	
Car, Truck, or Van: Drove Alone	9,536	46.2	8,356	46.4	143,335	63.9	161,227	64.1	66.0
Car, Truck, or Van: Carpooled	2,119	10.3	1,952	10.8	18,552	8.3	22,623	9.0	9.5
Public Transportation (excl Taxi)	451	2.2	216	1.2	3,872	1.7	4,539	1.8	2.8
Walked	513	2.5	487	2.7	4,884	2.2	5,884	2.3	2.1
Taxicab, Motorcycle, or other	713	3.5	221	1.2	6,549	2.9	7,483	3.0	2.4
Worked at Home	1,636	7.9	965	5.4	47,089	21.0	49,690	19.8	17.2
Total:	14,968	72.5	12,197	67.7	224,281		251,446		

Source: 2024 5-year American Community Survey, Summary File

**Table 5.2. MODE OF TRANSPORTATION TO WORK BY POVERTY STATUS FOR
WORKPLACE GEOGRAPHY**

Mode of Transit	In Poverty		100-149% of Pov		>150% of Pov		All		All of CA
	#	(%)	#	(%)	#	(%)	#	(%)	
Car, Truck, or Van: Drove Alone	12,154	47.6	10,687	45.1	225,763	70.2	248,604	70.1	67.6
Car, Truck, or Van: Carpooled	1,801	7.0	1,985	8.4	33,179	10.3	36,965	10.4	10.2
Public Transportation (excl Taxi)	1,027	4.0	343	1.4	9,571	3.0	10,941	3.1	3.3
Walked	697	2.7	415	1.8	5,613	1.7	6,725	1.9	2.1
Taxicab, Motorcycle, or other	583	2.3	243	1.0	8,540	2.7	9,366	2.6	2.6
Worked at Home	1,557	6.1	1,375	5.8	39,007	12.1	41,939	11.8	14.2
Total:	17,819	69.7	15,048	63.5	321,673		354,540		

Source: 2024 1-year American Community Survey, Summary File

The results in this table are for those who work in the region, regardless of the location of their residence.