National City, California

Indicators Report

by
The National Economic Education Delegation (NEED)

April 20, 2024

Exploring the economics, demographics, and well-being of National City and its residents through indicators.

This report was produced by the:

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Executive Summary

Assessing the City with Indicators

About this Report

This report provides background or summary information for the city of National City (the City) in the form of indicators.

Using this Report

Indicators are measures of various aspects of a regional economy. They help to provide an indication of the quality of life in a region and progress toward improving conditions in the local economy. This report focuses on indicators for changing demographics, incomes, housing markets, commute patterns, and employment in National City. These indicators are compared to San Diego County (the County) as a whole, a broader region where one is well defined, California, and the United Sates.

This report is vital for understanding trends in the underlying economy. It does not provide forecasts, but Rob Eyler and Jon Haveman at Economic Forensics and Analytics are available to provide them if that is of interest.

Topics Covered:

- **Demographics:** A detailed snopshot of National City demographics is presented. This provides evidence on the size, age and sex, income and poverty status, race and ethnicity, housing status, living arrangements, education, health, and transportation choices of the population. Beyond the current population level, data on trends in local population growth, in comparison with other broader regions is presented, in both tabular and graphical form.
- **Employment Report:** Here, we provide a brief snapshot or employment and unemployment in National City and how the City's experience differs from broader regions.
- **Income and Earnings:** Vital to understanding the prosperity of a city relative to its surrounding area is information on income and earnings. We provide a ranking of the City's income relative to all cities in California as well as growth relative to local regions. Inequality and poverty status are also important indicators for the level of equity in the community. We provide evidence of trends in both, not only for all residents, but also for children separately.
- **Housing:** This section provides evidence on the cost and availability of housing. Both median home values and rental costs are included, along with detailed information on home ownership, by age and income, in particular. Further, evidence is provided on the housing burden in the City, again, in comparison with other broader regions. We also provide evidence on the rate at which new buildings and units are permitted along with a broader housing picture. Finally, we provide evidence on the age of the housing stock in National City, along with information on how long the City's residents have been in place.
- **Transportation:** Increasingly important, in the wake of the pandemic, is an understanding of the transportation patterns and choices of local residents. We provide detailed evidence on the proprotion of residents who work from home and on the various transportation choices of those who head to the office. This information is also provided for those who work in National City, but do not necessarily live in National City.
- **Migration:** Population changes comes primarily through organic causes: births and deaths. Migration between regions also plays a significant role in population growth. A final section of the report provides evidence on migration into and out of the City.

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Demographics

Definition:

Data on the demographics of a city indicate the nature of the population, with a focus on age, gender, race and ethnicity, as well as household compositon.

Why is it important?

The characteristics and growth of National City's population are fundamental indicators of the city's growth potential.

A Demographic Snapshot

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Statistic	2022	2019
POPULATION		
Population Estimate (#, 5yr)	56,345.0	61,121.0
Veterans (#, 5yr)	2,506.0	2,885.0
Foreign born persons (%, 5yr)	38.3	39.2
Population age 25+ (#, 5yr)	38,350.0	40,038.0
AGE AND SEX		
Persons under 5 years (%, 5yr)	5.5	5.5
Persons under 18 years (%, 5yr)	22.4	20.6
Persons 65 years and over (%, 5yr)	14.9	13.4
Female persons (%, 5yr)	51.8	49.5
INCOME AND POVERTY		
Median household income ($, 5yr)	59,850.0	47,119.0
Per capita income in past 12 months ($, 5yr)	25,574.0	22,054.0
Persons in poverty (%, 5yr)	14.1	18.3
Children age less than 18 in poverty (#, 5yr)	2,245.0	3,289.0
Children age less than 18 in poverty (%, 5yr)	18.0	26.4
RACE AND ETHNICITY		
White alone (%, 5yr)	44.1	64.6
African American alone (%, 5yr)	4.4	4.8
American Indian or Alaska Native alone (%, 5yr)	0.5	0.5
Asian alone (%, 5yr)	17.1	18.5
Native Hawaiian and Other Pacific Islander alone (%, 5yr)	0.6	0.5
Two or More Races (%, 5yr)	16.8	3.0
Hispanic or Latino (%, 5yr)	64.9	63.5
White alone, not Hispanic or Latino (%, 5yr)	10.2	11.6
HOUSING		
Housing units (#, 5yr)	18,631.0	17,652.0
Owner-occupied housing units (%, 5yr)	32.8	35.4
Median value of owner-occupied housing units ($, 5yr)	505,800.0	402,000.0
Median selected monthly owner costs-with a mortgage ($, 5yr)	2,290.0	1,921.0
Median selected monthly owner costs-without a mortgage ($, 5yr)	482.0	398.0
Median gross rent ($, 5yr)	1,504.0	1,163.0
FAMILIES AND LIVING ARRANGEMENTS		
Households (#, 5yr)	17,440.0	16,658.0
Persons per household (#, 5yr)	3.1	3.3
Living in same house 1 year ago, % of persons age 1+ (5yr)	91.9	87.4
EDUCATION		
High school graduate or higher, % of persons age 25+ (5yr)	75.2	74.9
Bachelor's degree or higher, % of persons age 25+ (5yr)	15.9	14.2
HEALTH		
With a disability, under age 65 years (#, 5yr)	3,947.0	3,603.0
Persons without health insurance, under age 65 years (%, 5yr)	11.9	11.2
LABOR FORCE		
In civilian labor force, persons age 16+ (%, 5yr)	63.7	64.8
In civilian labor force, women age 16+ (%, 5yr)	56.4	54.2
Employed, persons age 16+ (%, 5yr)	53.7	49.0
Self employed (%, 5yr)	7.4	5.1
TRANSPORTATION		
Mean travel time to work, workers age 16+ (Mins., 5yr)	26.0	32.0
Drive alone in private vehicle (%, 5yr)	74.9	83.1
Using public transportation (%, 5yr)	6.7	10.7
Worked from home (%, 5yr)	5.8	5.3

Source: American Community Survey, Summary Files
Note: Data are from the 1-year files unless indicated by the notation 5yr.

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Current Population

The data in these two tables and the following two graphs are from the CA Department of Finance (DOF). The DOF produces population estimates for geographies around California twice a year: January and July. As estimates for cities are only available in January, these two tables are based on the January data. The remaining figures are from the American Community Survey (ACS), provided annually by the U.S. Bureau of the Census.

Table 1. Population Change by Region
(Thousands, January to January)

Region	2023 Population	% Change 1 Year	% Change 3 Year	% Change 5 Year
City				
National City	60,974	−0.54	−2.44	−2.08
County and Broader Regions				
San Diego County	3,269,755	−0.17	−1.85	−1.90
Southern California	21,794,548	−0.41	−2.24	−2.84
California	38,940,231	−0.35	−1.79	−2.01

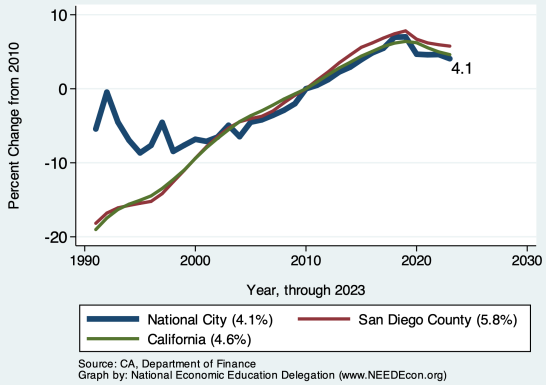
Source: CA DOF; Calculations by National Economic Education Delegation

Table 2. County Population Change by City
(Thousands, January to January)

City	2022	2023	% Change Local	% Change Southern California	% Change California
San Diego County	3,275.4	3,269.8	−0.17	−0.41	−0.35
San Diego	1,372.8	1,368.4	−0.32		
Chula Vista	274.1	274.8	0.26		
Oceanside	171.8	171.1	−0.41		
Escondido	150.1	149.8	−0.17		
Carlsbad	114.9	114.5	−0.28		
El Cajon	105.3	104.6	−0.61		
Vista	100.0	99.8	−0.14		
San Marcos	93.8	94.5	0.75		
Encinitas	61.3	61.1	−0.32		
National City	61.3	61.0	−0.54		
La Mesa	60.2	60.4	0.30		
Santee	58.7	59.2	0.88		
Poway	48.5	48.5	−0.04		
Lemon Grove	27.1	27.4	1.22		
Imperial Beach	26.0	25.9	−0.43		
Coronado	22.0	22.1	0.65		
Solana Beach	12.8	12.8	0.05		
Del Mar	3.9	3.9	0.00		

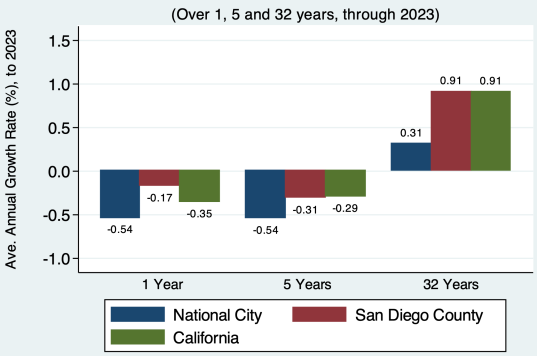
Source: CA DOF; Calculations by National Economic Education Delegation

Figure 1: Population Growth (1)



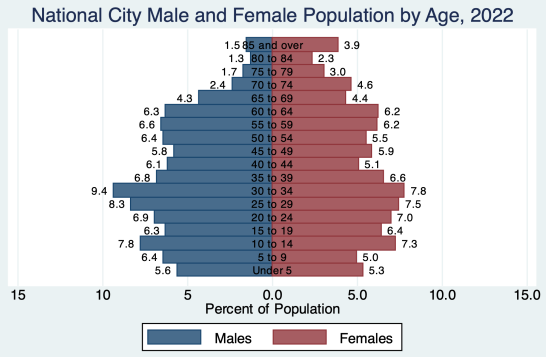
Source: CA, Department of Finance
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 2: Population Growth (2)

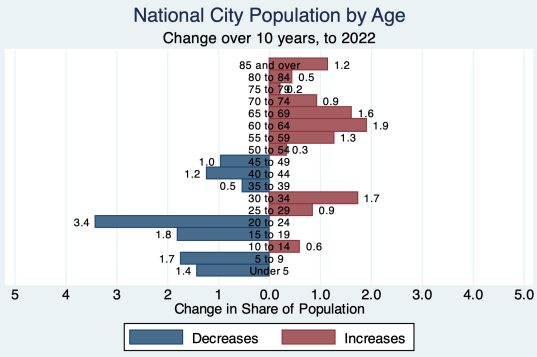


Source: U.S. Bureau of Economic Analysis
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 3: Population by Age - Detailed Age Categories

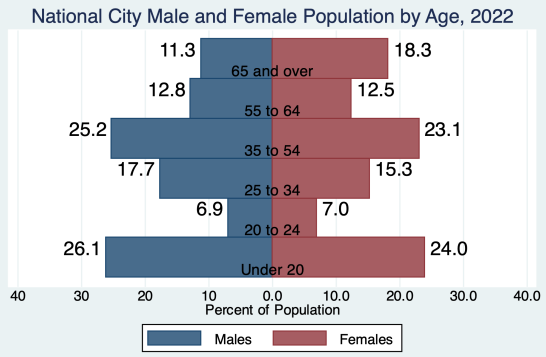


Source: U.S. Census Bureau, 5-yr American Community Survey
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

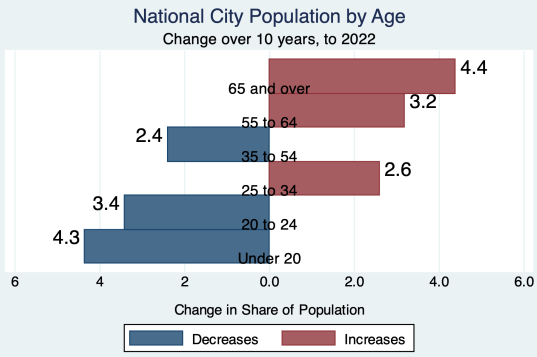


Source: U.S. Census Bureau, 5-yr American Community Survey
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 4: Population by Age - Broad Age Categories



Source: U.S. Census Bureau, 5-yr American Community Survey
Graph by: National Economic Education Delegation (www.NEEDEcon.org)



Source: U.S. Census Bureau, 5-yr American Community Survey
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

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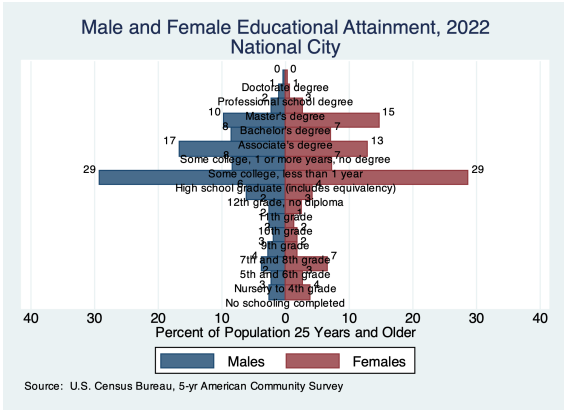
Figure 5: Population by Educational Attainment



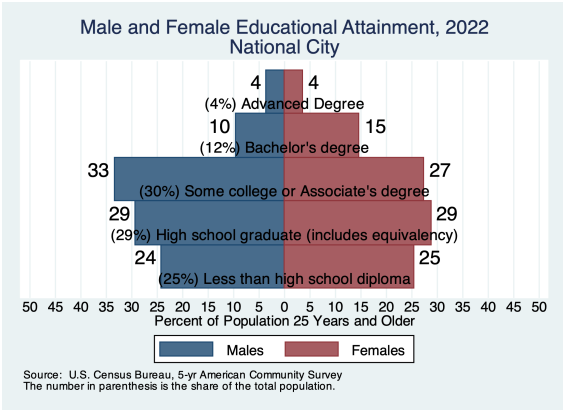


Figure 6: Population by Race/Ethnicity

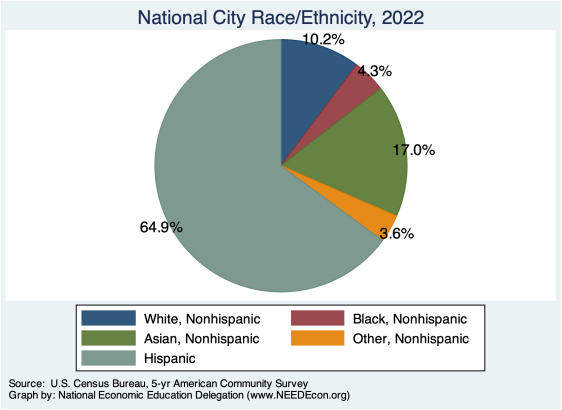
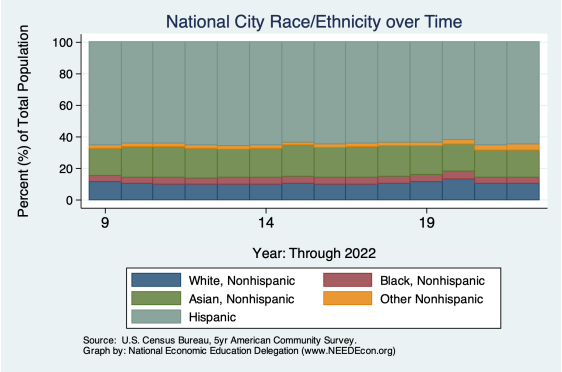


Figure 7: Population by Race/Ethnicity Over Time



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Employment Report

Citywide Employment and Unemployment

Definition:

Each month, California's Employment Development Division (EDD) publishes an update on employment in California and in MSAs, counties, and cities all across the state. The report focuses primarily on non-farm employment, providing estimates of changes in employment by industry as well as unemployment in each region. Data for cities is limited to aggregate employment, labor force, and unemployment data. Those are reported below.

Why is it important?

Employment growth is a fundamental indicator of the health of an economy.

Table 3. National City Summary for March, 2024

Category	Current Value	Change From: Last Month	Change From: 2 Months Ago	Change From: Last Year
Employment	8,924	-30	−53	-103
Labor Force	9,644	9	15	96
Number Unemployed	678	-4	21	97
Unemployment Rate	7.0	-0.0	0.2	0.9

Source: EDD, National Economic Education Delegation

Figure 8: Historical Employment and Unemployment

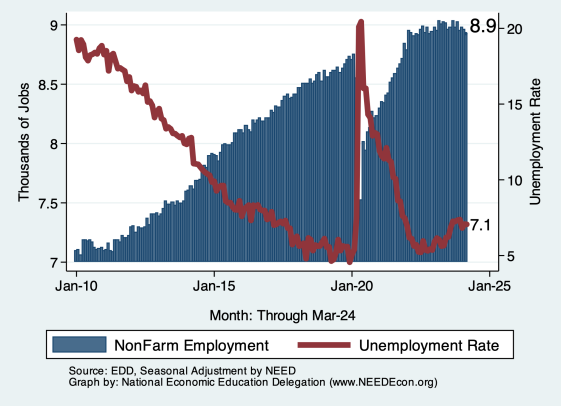


Figure 9: Employment and Unemployment - Last 12 Months

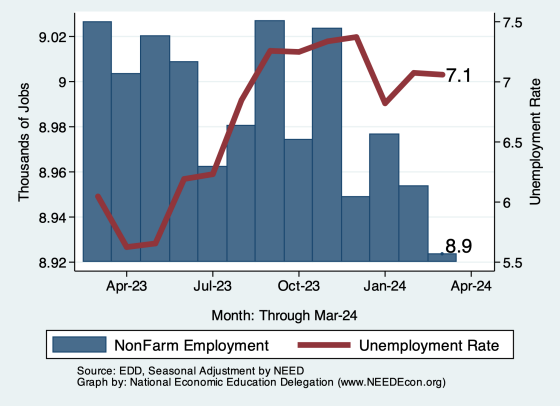


Figure 10: Relative Employment Growth Across Regions - since 2010

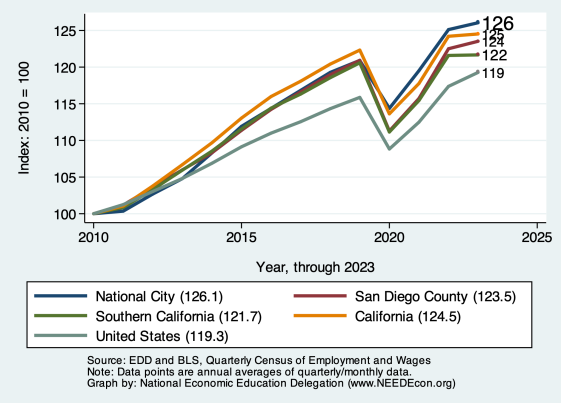
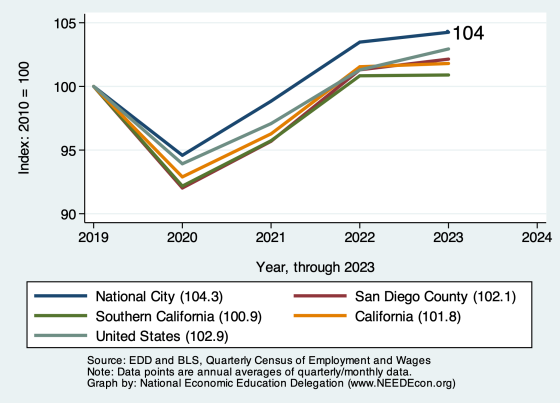


Figure 11: Relative Employment Growth Across Regions - since 2019



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County Employment by Industry

California's Employment Development Division (EDD) does not regularly produce data on employment by industry for cities. However, we are able to report indsutry-level employment data for San Diego County. The following table provides the latest data for the County.

Table 4. Employment Growth by Industry in San Diego County for March, 2024

Industry	Employment	Share	Empl Growth	% Growth - Annualized Rate					
				Month	Qtr	6mo	1yr	3yr	5yr
Total Nonfarm	1,562,672	100.0	1,044.9	0.8	0.9	1.2	0.9	3.8	0.9
Total Private	1,307,241	83.7	578.9	0.5	0.5	1.1	0.6	3.9	1.0
Goods Producing	204,267	13.1	1,175.9	7.2	−2.9	−1.1	−0.1	1.3	0.7
Mining, Logging and Construction	91,648	5.9	1,376.4	19.9	0.5	1.4	3.2	3.5	1.9
Mining and Logging	400	0.0	0.0	0.0	0.0	0.0	33.3	11.1	6.7
Construction	91,237	5.8	1,280.2	18.5	0.4	1.5	3.0	3.5	1.8
Manufacturing	112,600	7.2	−248.4	−2.6	−5.1	−3.3	−2.7	−0.4	−0.3
Durable Goods	82,107	5.3	−140.2	−2.0	−5.7	−3.7	−2.6	−0.9	−0.7
Non-Durable Goods	30,572	2.0	−20.8	−0.8	−3.1	−1.5	−2.9	1.1	1.1
Service Providing	1,358,608	86.9	598.0	0.5	1.7	1.5	1.1	4.2	0.9
Trade, Trans & Utilities	222,862	14.3	734.9	4.0	−0.3	−0.1	−0.1	1.1	−0.1
Wholesale Trade	42,238	2.7	45.1	1.3	−4.8	−3.8	−3.1	0.7	−0.9
Retail Trade	139,705	8.9	392.1	3.4	0.8	0.9	0.6	0.4	−0.9
Trans & Warehousing	34,755	2.2	140.0	5.0	−0.2	−1.6	0.1	3.6	3.9
Utilities	6,113	0.4	26.9	5.4	0.7	3.3	5.2	8.2	6.6
Information	21,190	1.4	186.3	11.2	−1.9	−4.6	−4.5	−0.6	−2.0
Financial Activities	71,664	4.6	−13.6	−0.2	−1.4	−0.7	−2.6	−1.7	−1.1
Finance & Insurance	41,316	2.6	8.0	0.2	−2.8	−2.4	−4.4	−3.9	−2.0
Real Estate & Rental & Leasing	30,356	1.9	47.6	1.9	2.1	1.9	−0.1	2.2	0.4
Professional & Business Srvcs	269,563	17.3	−1,232.7	−5.3	−2.3	−1.9	−3.8	1.3	1.3
Prof, Sci, & Tech	153,258	9.8	−819.0	−6.2	−3.9	−2.7	−4.2	1.3	1.3
Admin & Support Srvcs	90,260	5.8	−413.4	−5.3	0.3	0.7	−3.4	2.7	2.4
Employment Srvcs	35,707	2.3	44.4	1.5	1.7	−2.6	−8.4	1.8	4.9
Educational & Health Srvcs	253,835	16.2	1,047.7	5.1	7.1	6.0	6.5	6.1	3.6
Education Srvcs	30,035	1.9	69.4	2.8	1.5	5.1	5.2	6.5	0.2
Health Care & Social Assistance	223,627	14.3	936.5	5.2	8.0	5.9	6.7	6.1	4.2
Leisure & Hospitality	205,387	13.1	−186.7	−1.1	0.3	2.6	2.8	14.9	0.4
Arts, Entertainment & Recreation	32,811	2.1	8.9	0.3	5.7	13.0	9.4	26.7	1.4
Accommodation & Food Srvcs	173,029	11.1	−278.3	−1.9	0.1	1.5	1.5	13.2	0.2
Other Srvcs	58,049	3.7	19.8	0.4	2.2	0.4	2.5	10.2	0.7
Government	255,691	16.4	522.3	2.5	3.6	2.8	2.5	3.2	0.4
Federal	47,317	3.0	136.1	3.5	2.2	2.4	−0.0	−0.4	−0.1
State	59,492	3.8	116.8	2.4	2.8	2.3	4.3	7.3	3.0
Local	149,100	9.5	276.0	2.2	5.6	3.3	2.6	3.0	−0.2
County	21,763	1.4	154.6	8.9	12.9	7.4	6.8	1.3	1.7
City	19,757	1.3	75.0	4.7	0.2	2.3	1.6	1.6	0.6
Local Government Education	79,213	5.1	144.5	2.2	2.1	0.9	1.8	4.6	−0.4

Source: EDD, National Economic Education Delegation (NEED)

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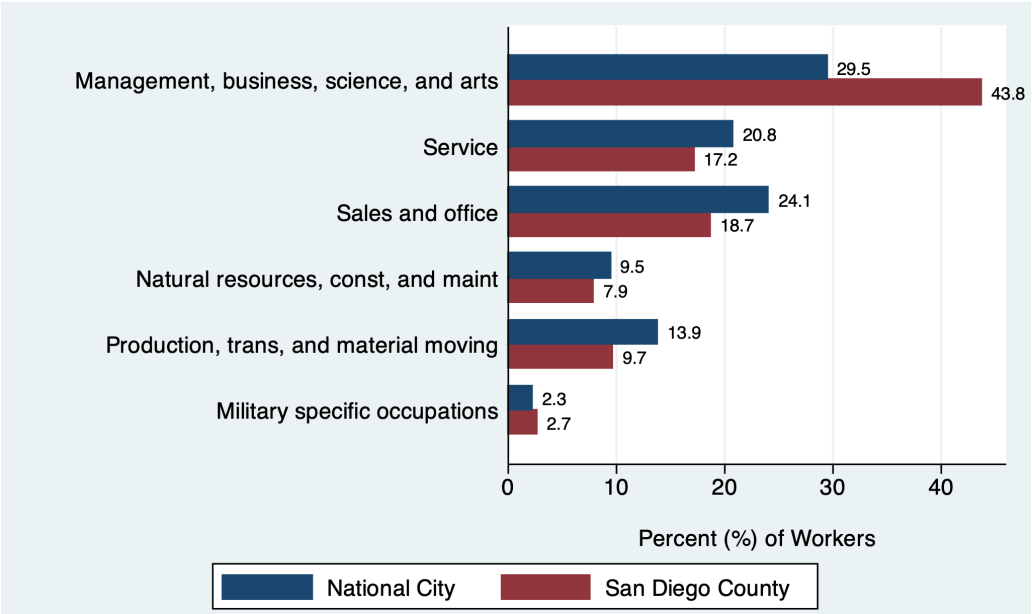
Some Employee Detail

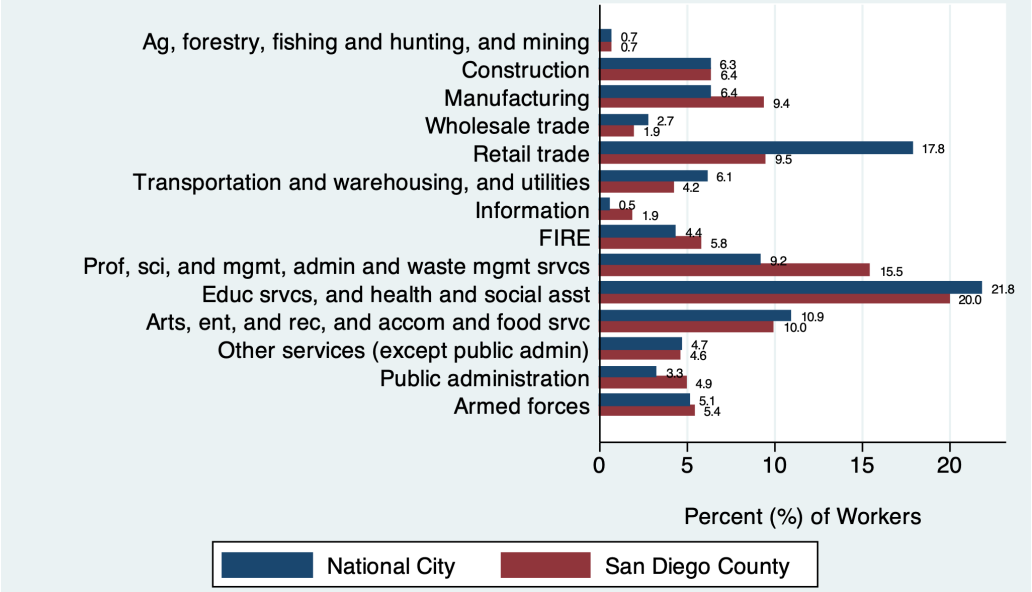
Employed in National City

Figure 12: Employment by Occupation



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Figure 13: Employment by Industry



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Graph by: National Economic Education Delegation (www.NEEDEcon.org).

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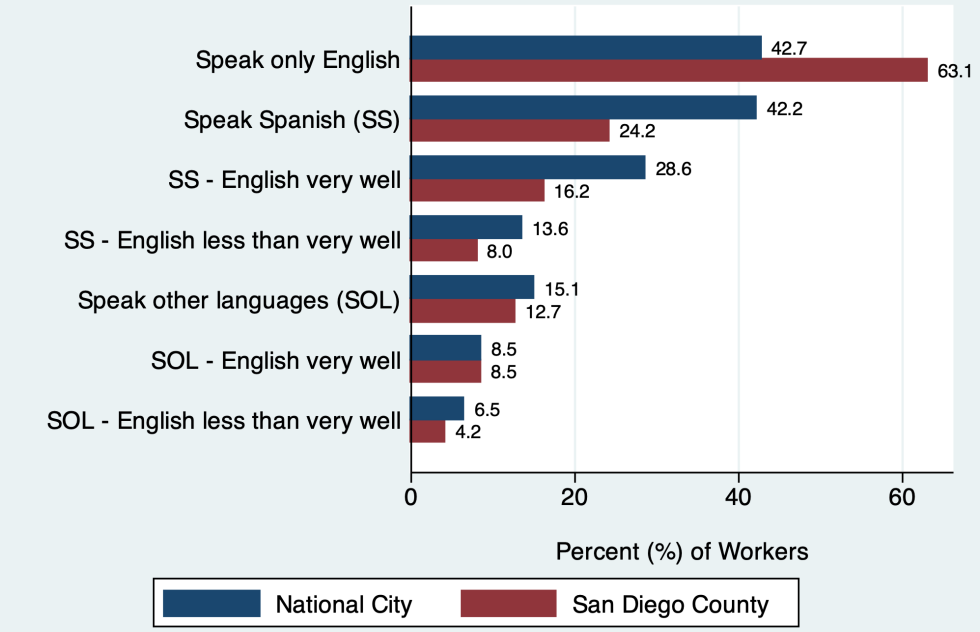
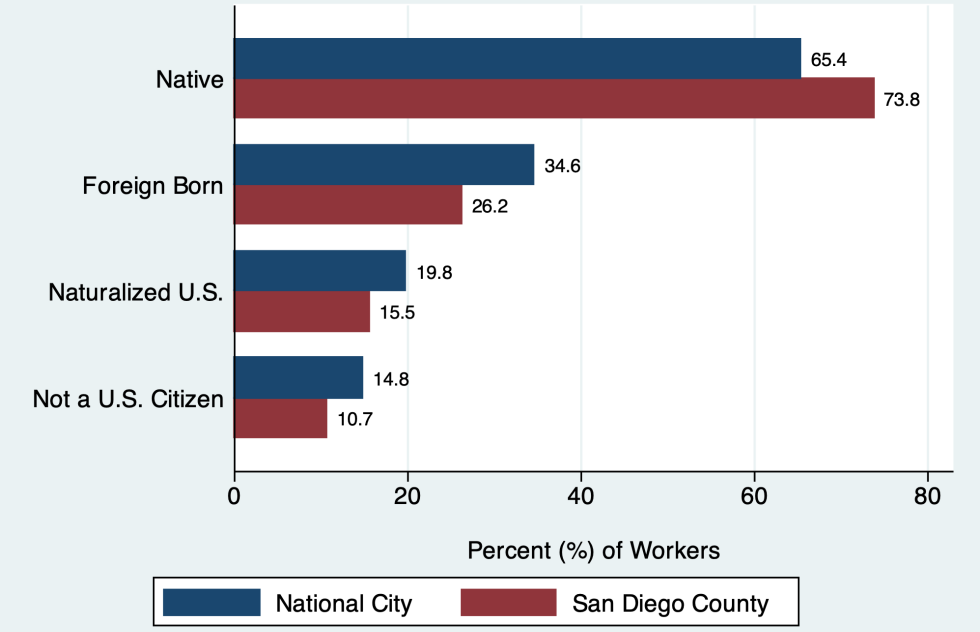
Figure 14: Language Spoken at Home



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

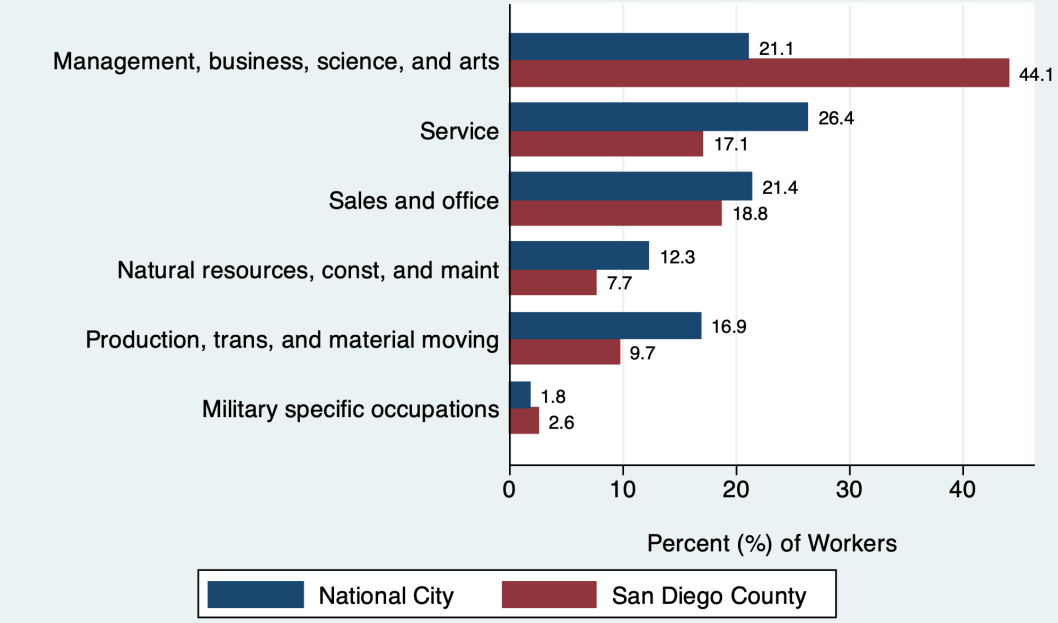
Figure 15: Citizenship



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

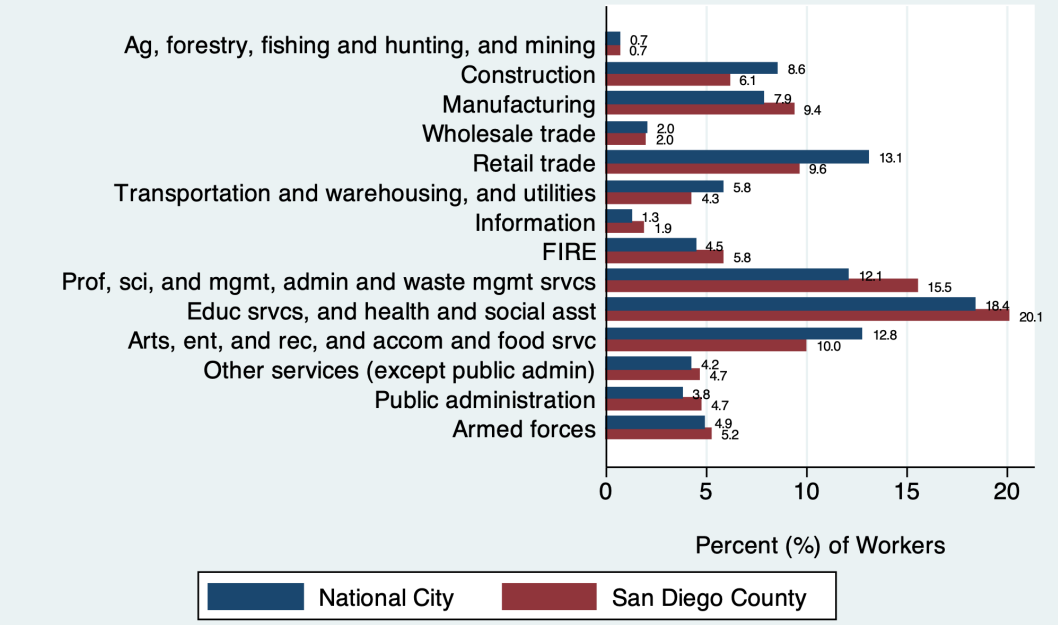
Employed Residents of National City

Figure 16: Employment by Occupation



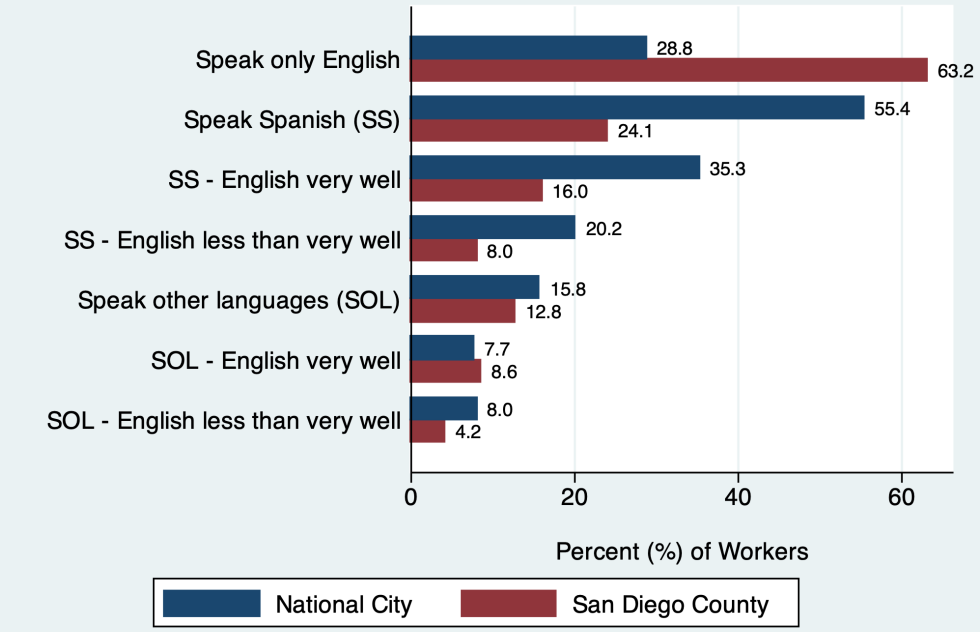
Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Figure 17: Employment by Industry



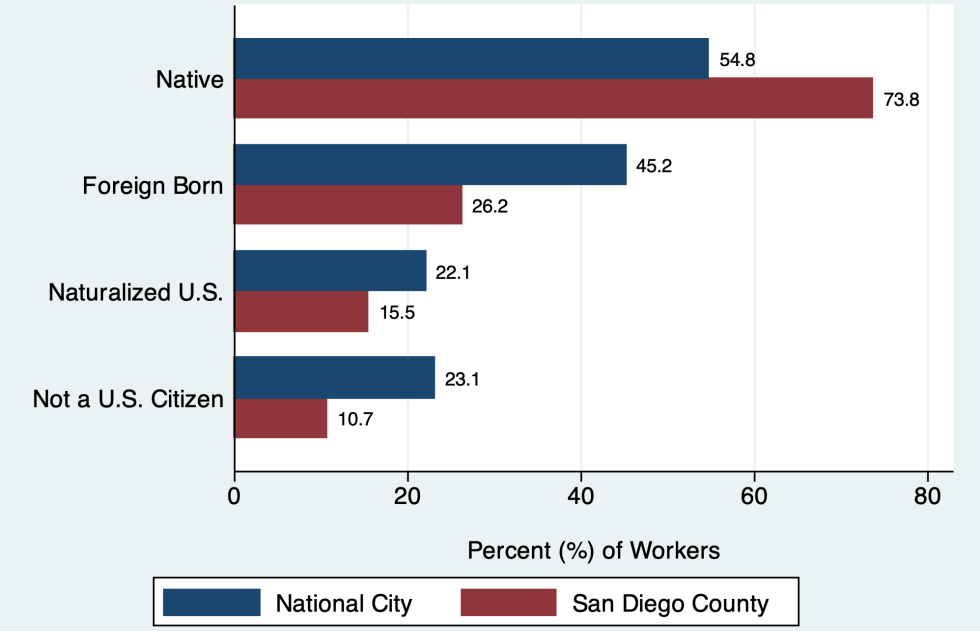
Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Figure 18: Language Spoken at Home



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

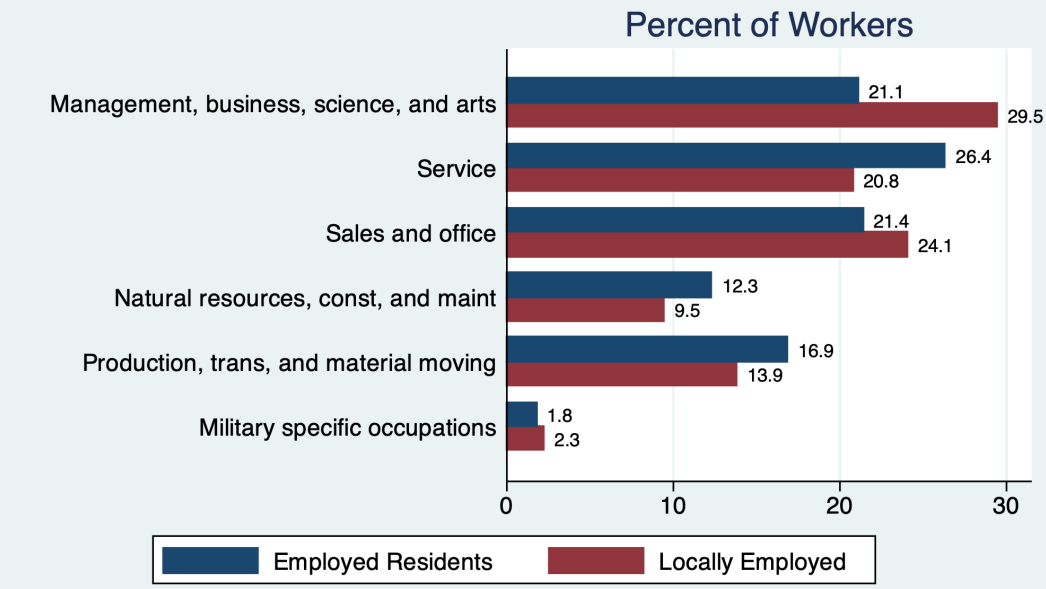
Figure 19: Citizenship



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

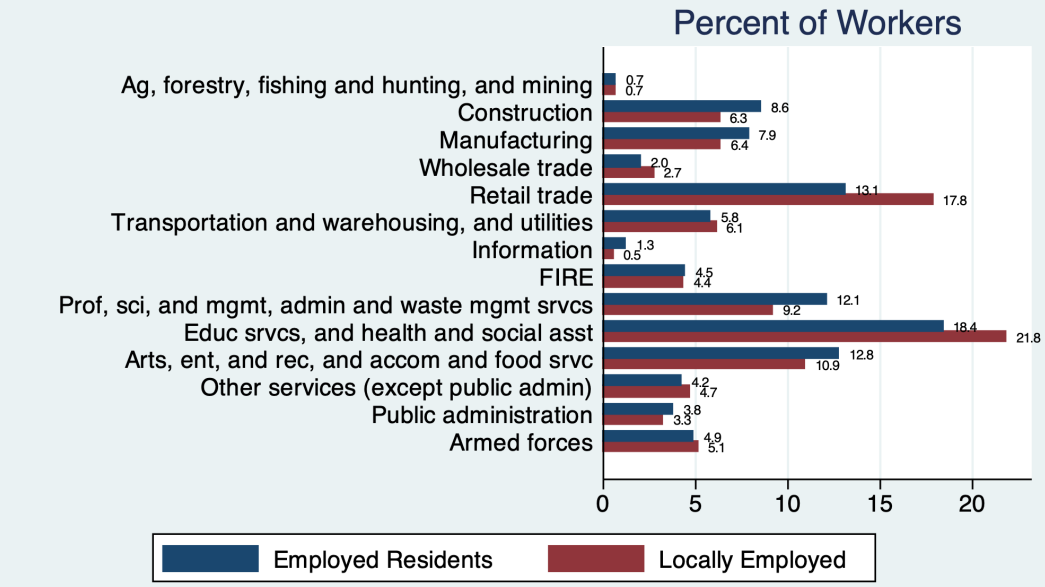
Employed Residents vs Workers in National City

Figure 20: Employment by Occupation



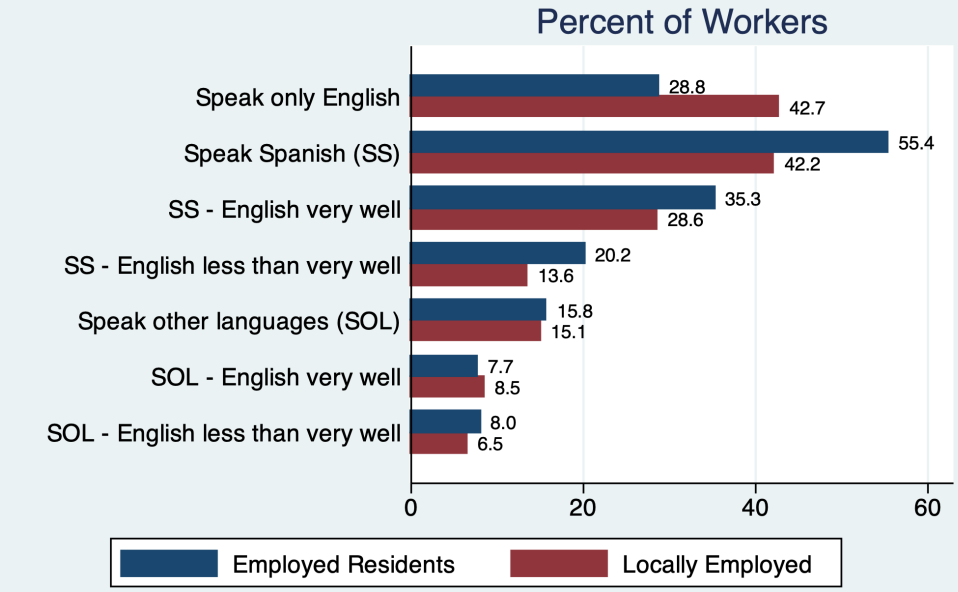
Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Figure 21: Employment by Industry



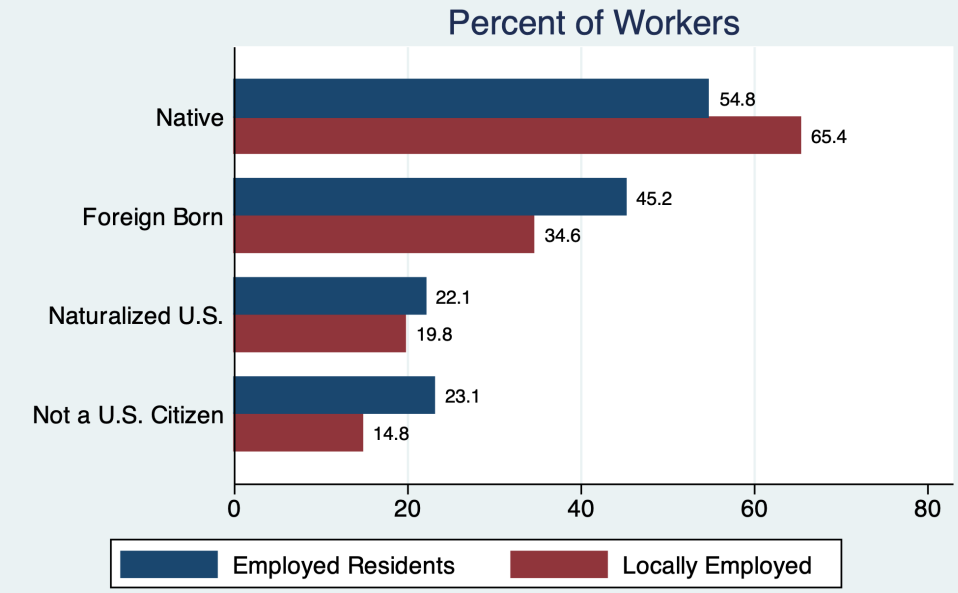
Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Figure 22: Language Spoken at Home



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Figure 23: Citizenship



Source: American Community Survey, 2022 5-yr Summary Files.
Graph by: National Economic Education Delegation (www.NEEDEcon.org).

Income and Earnings

Per Capita Income Growth

Definition:

Per capita income is the average income per person in National City. Personal income is the income received by, or on behalf of, all persons from all sources: from participation as laborers in production, from owning a home or unincorporated business, from the ownership of financial assets, and from government and business in the form of transfer receipts. Noncash government benefits are not included.

Why is it important?

Income is the money that is available to persons for consumption expenditures, taxes, interest payments, transfer payments to governments and the rest of the world, or for saving. As such, it is an important indicator of economic well-being in a community.

Figure 24: Real Per Capita Income Ranking Among California Cities

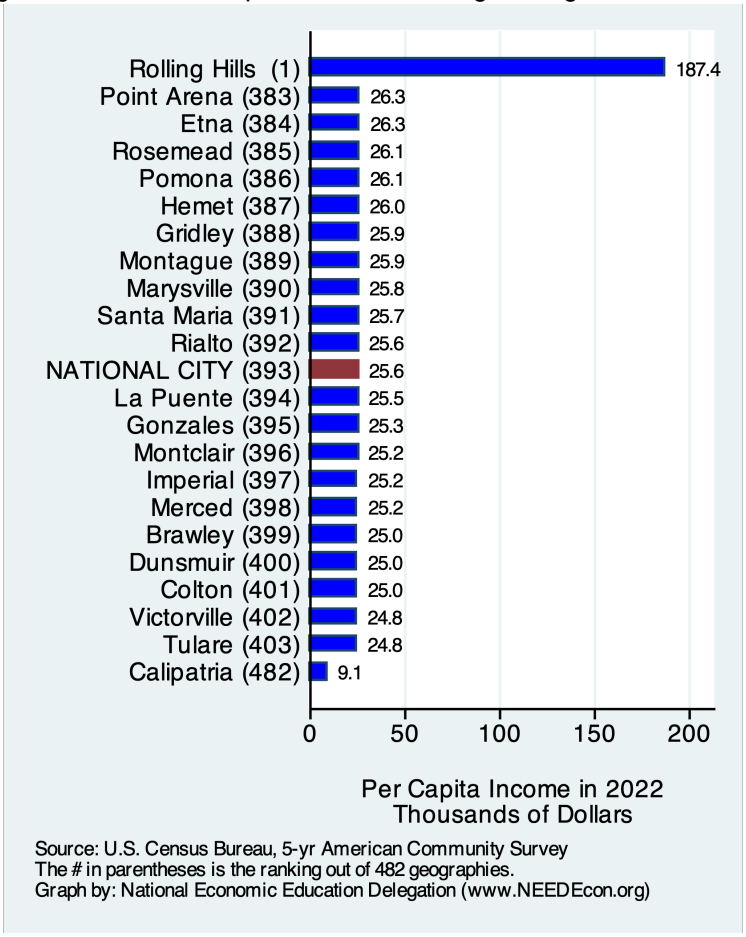
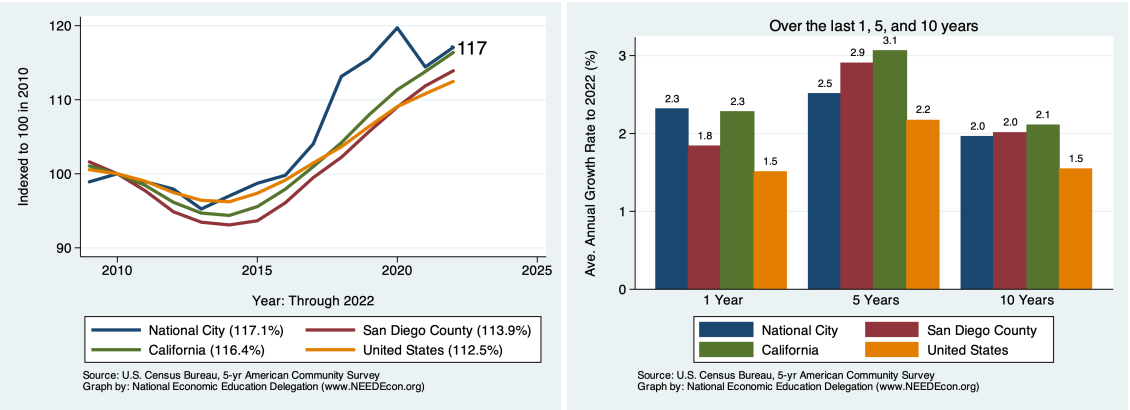


Figure 25: Regional Comparison of Growth over Time



Real Per Capita Income Ranking Among California Cities - w/Comparable Populations

Figure 26: Income Levels

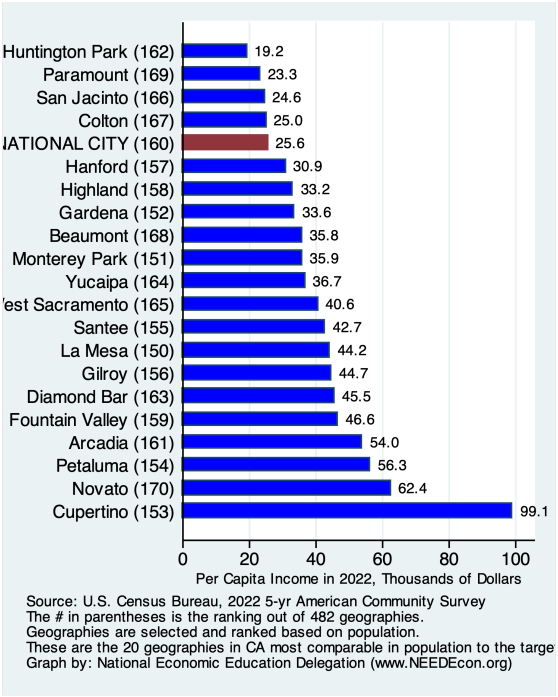
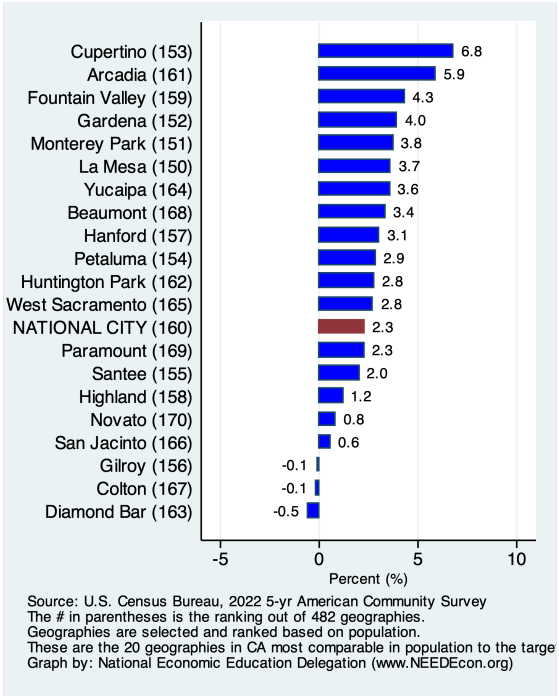


Figure 27: Growth over Time



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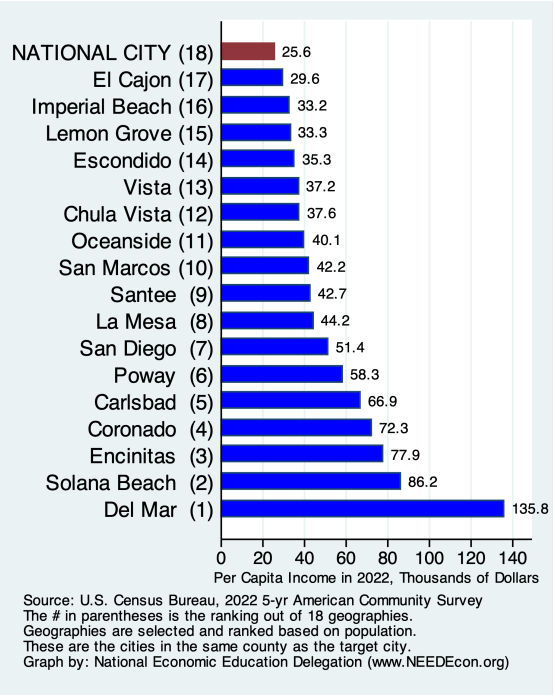
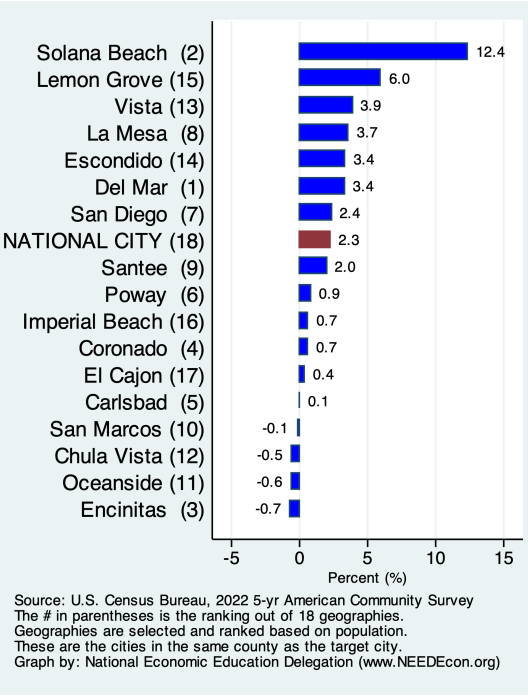
Real Per Capita Income Ranking Among Cities in San Diego County

Figure 28: Income Levels



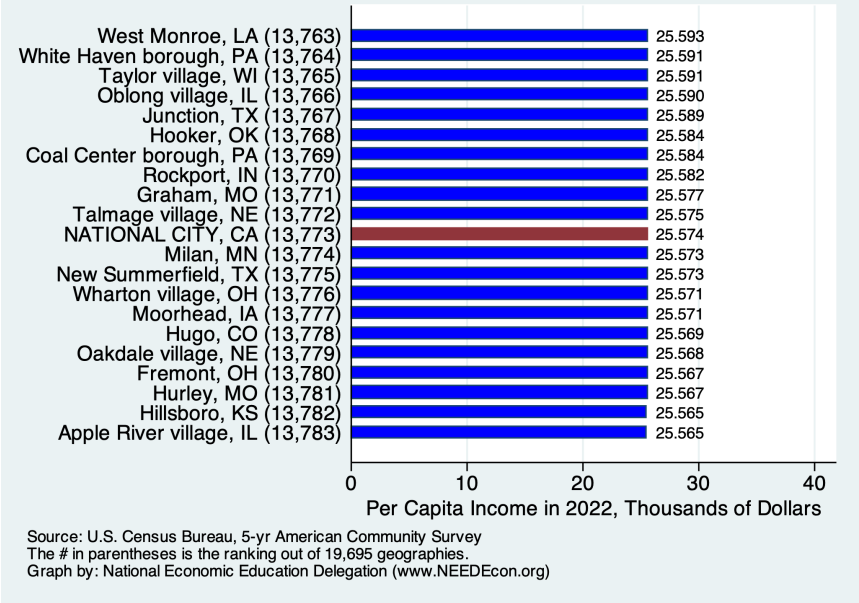
Source: U.S. Census Bureau, 2022 5-yr American Community Survey
The # in parentheses is the ranking out of 18 geographies.
Geographies are selected and ranked based on population.
These are the cities in the same county as the target city.
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 29: Growth over Time



Source: U.S. Census Bureau, 2022 5-yr American Community Survey
The # in parentheses is the ranking out of 18 geographies.
Geographies are selected and ranked based on population.
These are the cities in the same county as the target city.
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 30: Comparison with All Cities Nationwide



Source: U.S. Census Bureau, 5-yr American Community Survey
The # in parentheses is the ranking out of 19,695 geographies.
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

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Poverty and Inequality

Definition:

The local poverty rate provides an indication of the well-being of those at the bottom of the income distribution. The federal poverty rate measures the proportion of households in the region that are classified as living in poverty. Also included are measures of the extent to which the City's children are impoverished. Measures of the income distribution provide further evidence on disparities in income in the region and how those disparities have changed over time.

Why is it important?

It is important to track measures of poverty and inequality to assess the extent of income disparities in the region, with an eye toward understanding how well the local economy is performing for all of its citizens.

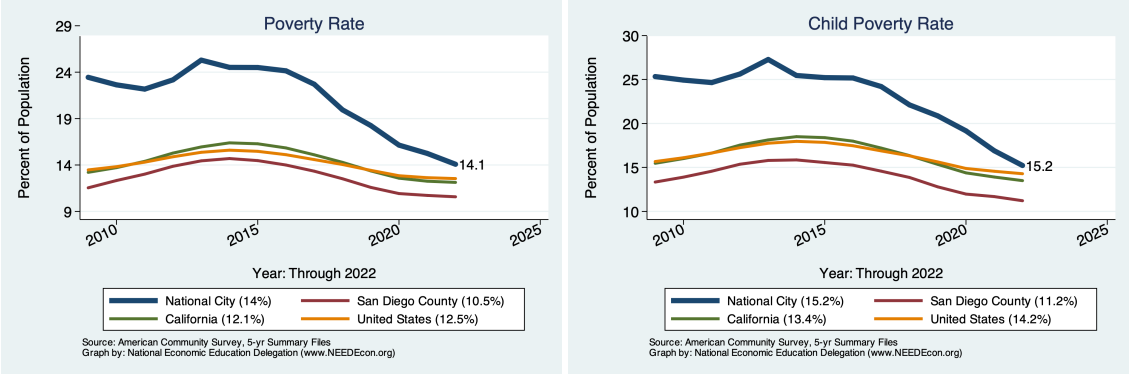


Figure 31: Inequality

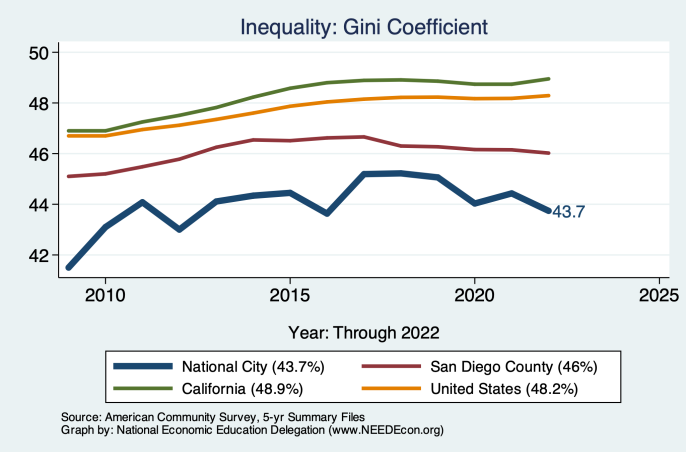
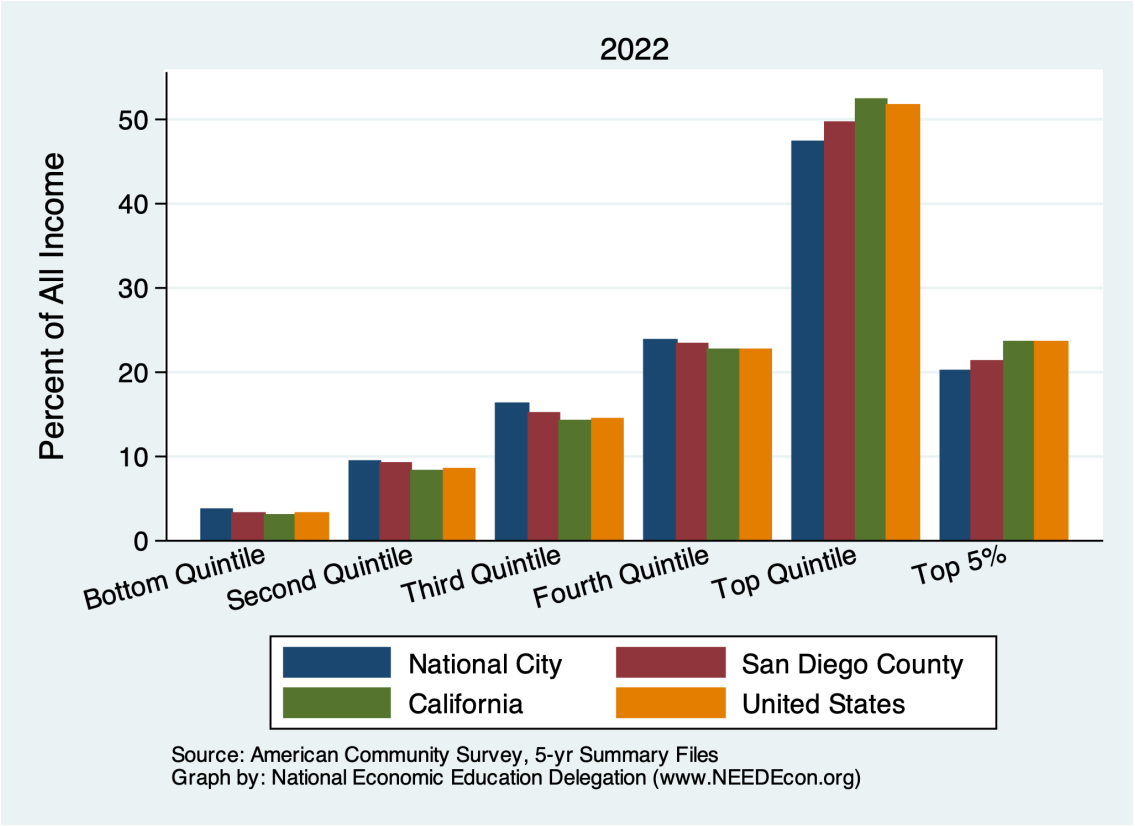
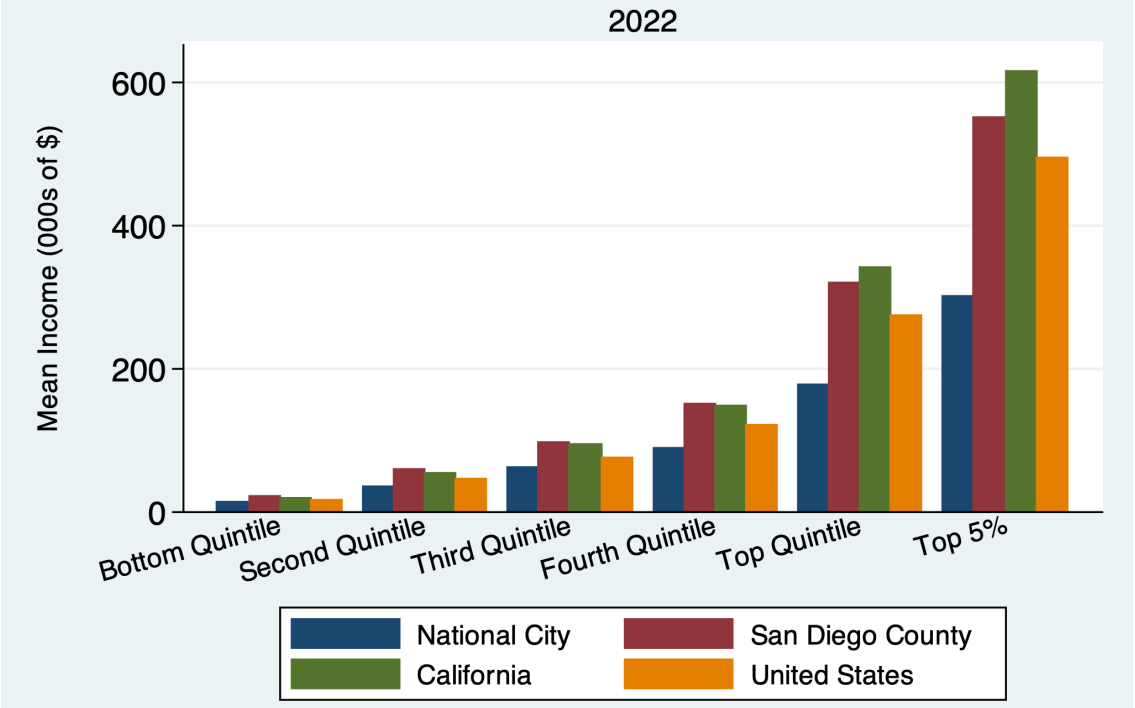


Figure 32: Shares Across the Income Distribution



Source: American Community Survey, 5-yr Summary Files
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 33: Means Across the Income Distribution



Source: American Community Survey, 5-yr Summary Files
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

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Housing

Housing Costs and Affordability

Definition:

Housing costs are measured in several different ways. First, we provide evidence on the evolution of median home prices, median rental price, and finally through evidence on the housing burden in the city and comparison regions. Housing burden is defined as a household needing to commit more than 30% of their household income toward housing costs. The median value is the amount in the middle. Fifty percent of units are above the median and 50 percent are below.

Why is it important?

Housing is one of three fundamental necessities, along with food and clothing. A measure of the cost of housing is an integral part of the measurement of the cost of living in a specific community. This is particularly true in cities and regions throughout the Bay Area, where housing costs are high relative to income.

Cost of Housing in National City and Broader Regions

Figure 34: Median Home Prices

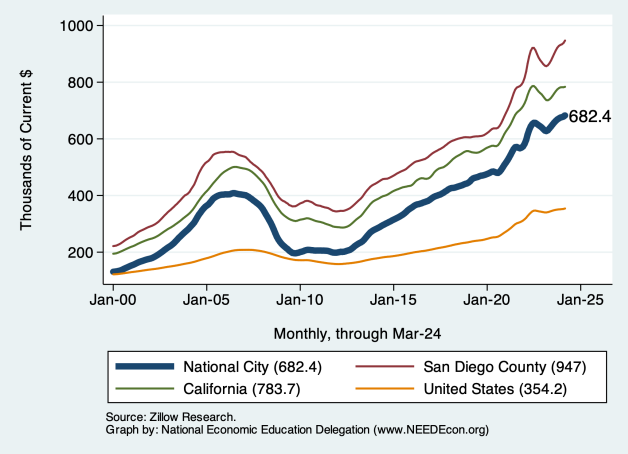
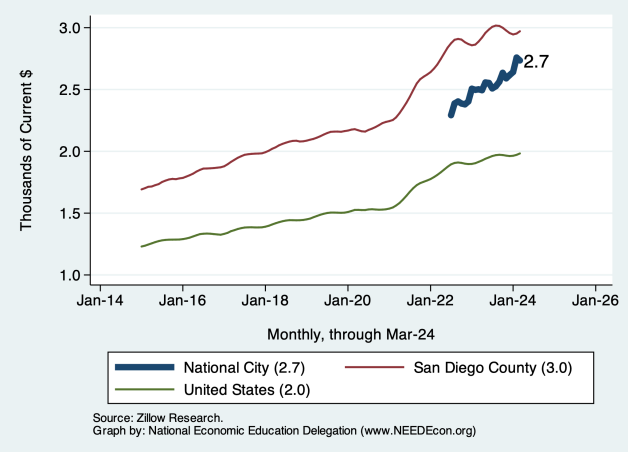


Figure 35: Median Rents



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Housing Ownership in National City and Broader Regions

Figure 36: Home Ownership Rates

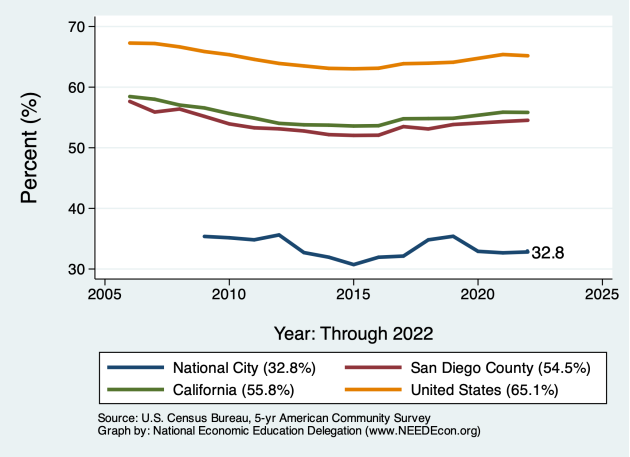

Figure 37: Home Ownership by Age

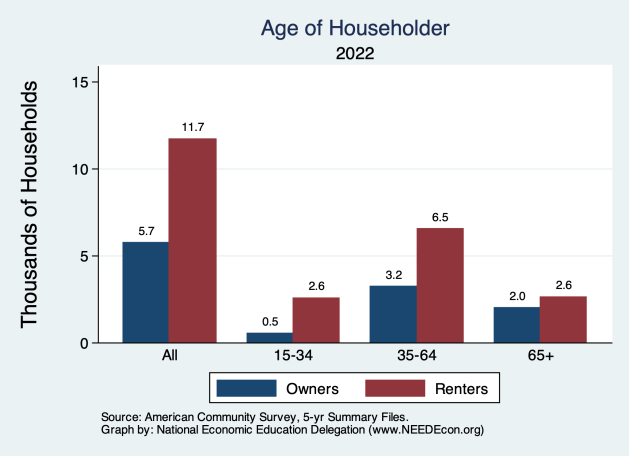

Figure 38: Income by Tenure

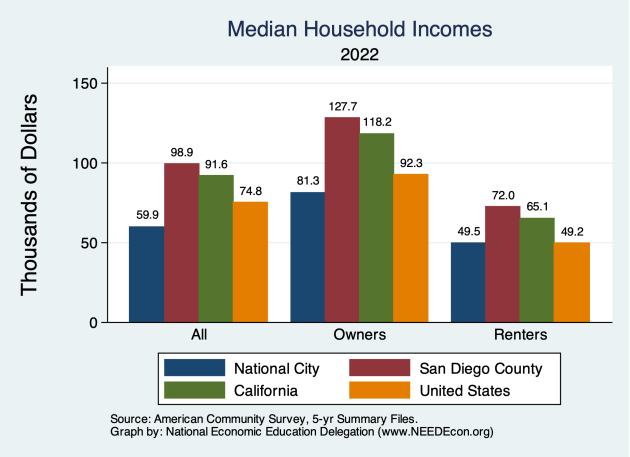

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Figure 39: Income Distribution by Tenure

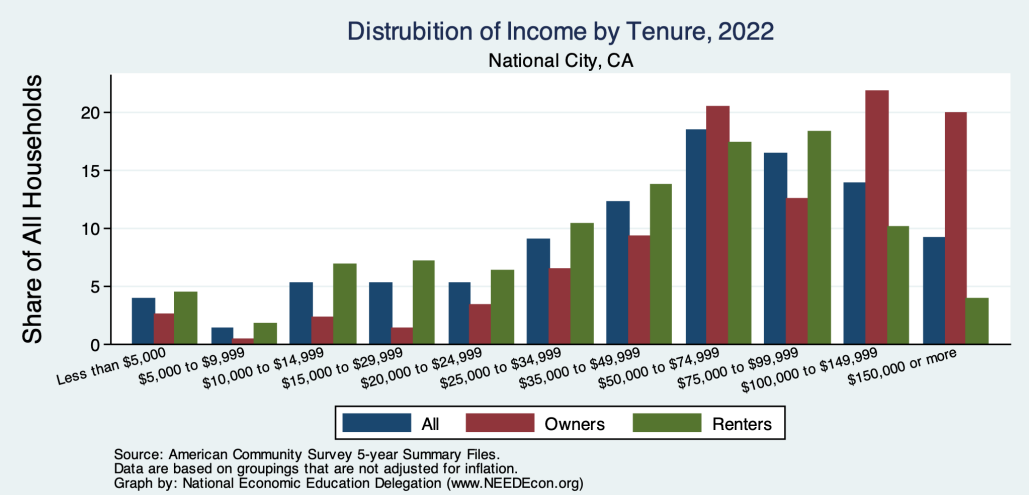


Figure 40: Income Distribution of Home Owners

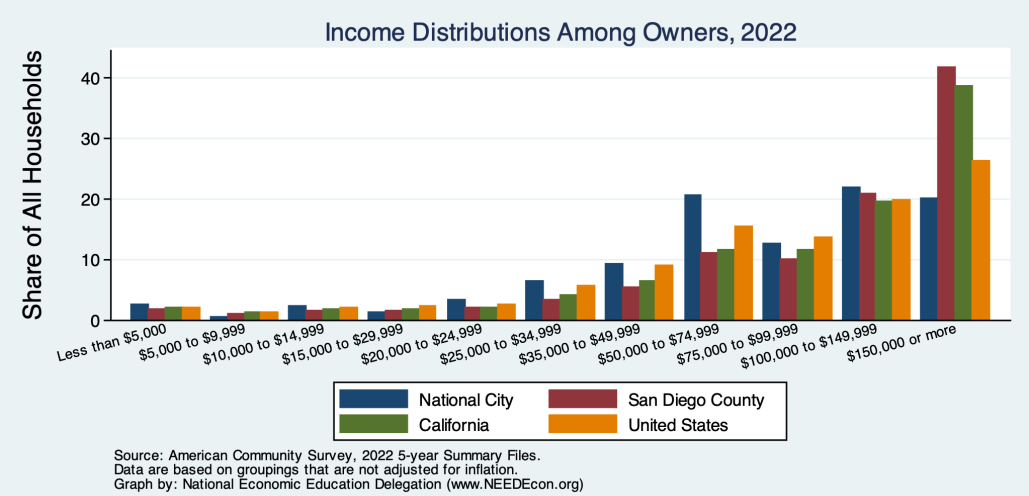
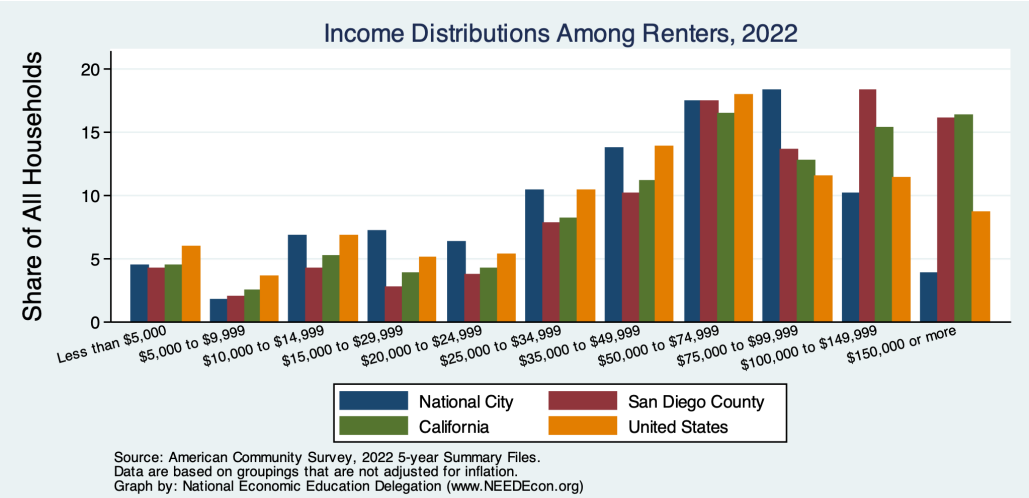


Figure 41: Income Distribution of Renters



Housing Burden in National City and Broader Regions

Figure 42: Home Owners w/ A Mortgage

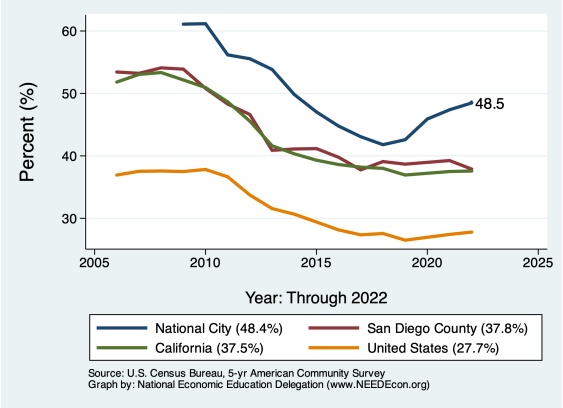


Figure 43: Home Owners w/o A Mortgage

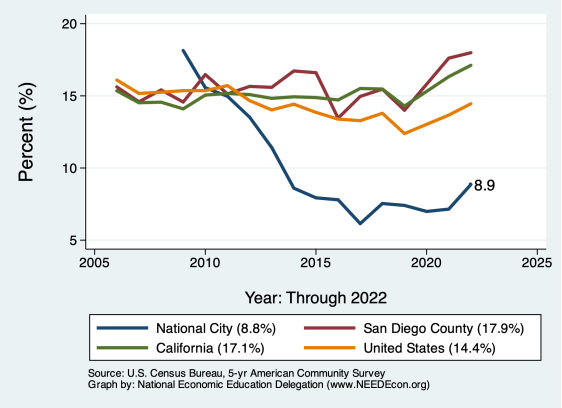


Figure 44: Renters

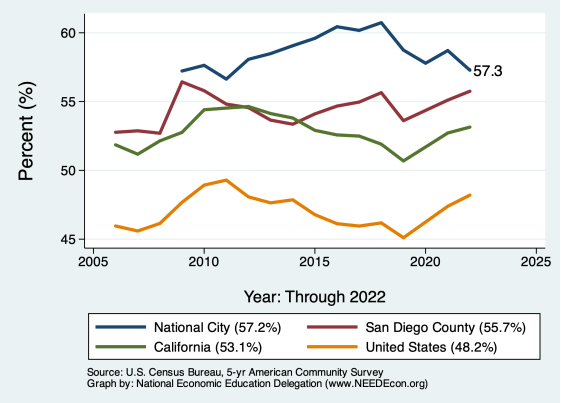
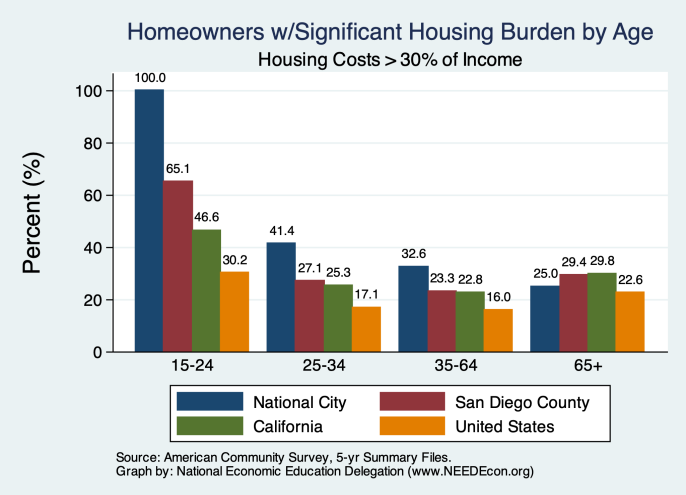


Figure 45: Homeowner Housing Burden by Age



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Housing Picture

Definition:

Housing costs are measured in several different ways. First, we provide evidence on the evolution of median home prices, median rental price, and finally through evidence on the housing burden in the city and comparison regions. The median value is the amount in the middle. Fifty percent of units are above the median and 50 percent are below.

Why is it important?

In areas where the rate of population growth exceeds the rate of housing growth, this is likely to reflect a tightening housing market. A tightening housing market will also likely be reflected in lower vacancy rates and higher occupancy rates. It may also be reflected in higher numbers of people per household.

Table 5. Housing Market Indicators

Indicator	2023	2019	2010	% Change from 2019	% Change from 2010
Total Population	60,974.0	62,254.0	58,582.0	-2.1	4.1
Total # of Homes	17,964.0	17,264.0	16,762.0	4.1	7.2
# Occupied Units	17,128.0	16,215.0	15,502.0	5.6	10.5
Persons per Household	3.4	3.5	3.4	-3.3	-1.6
Vacancy Rate (%)	4.7	6.1	7.5	-23.4	-38.1

Source: CA DOF; Calculations by the National Economic Education Delegation

Figure 46: Housing Growth

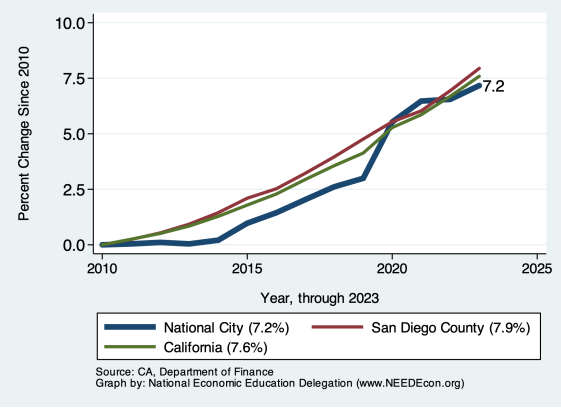


Figure 47: Persons per Household

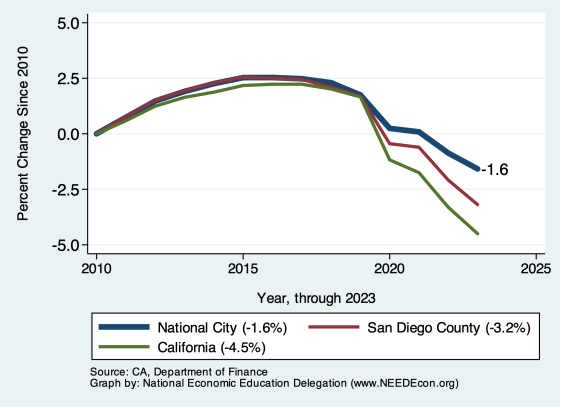


Figure 48: Vacancy Rates

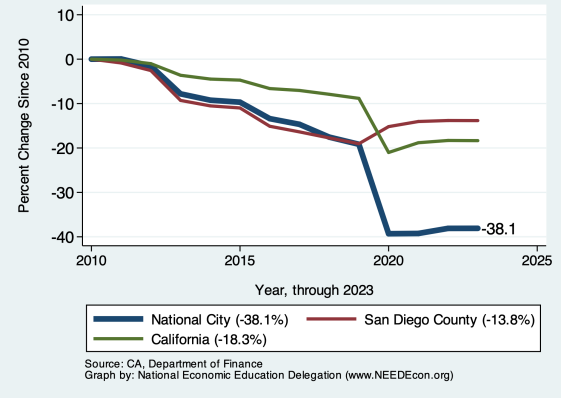
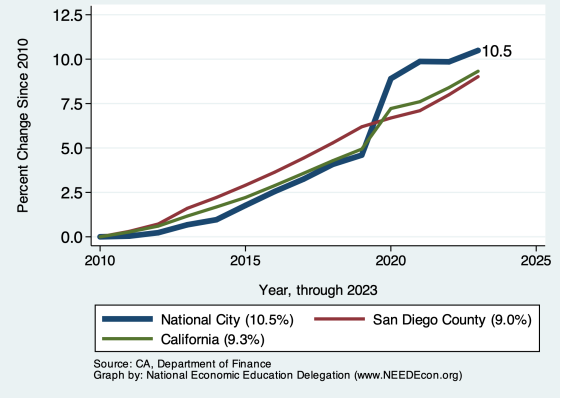


Figure 49: Number of Occupanied Units



Trends in the Growth of Housing by Housing Type

Figure 50: Single Detached Homes

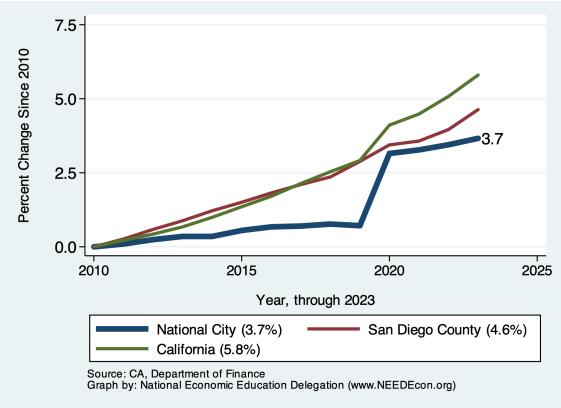


Figure 51: Single Attached Homes

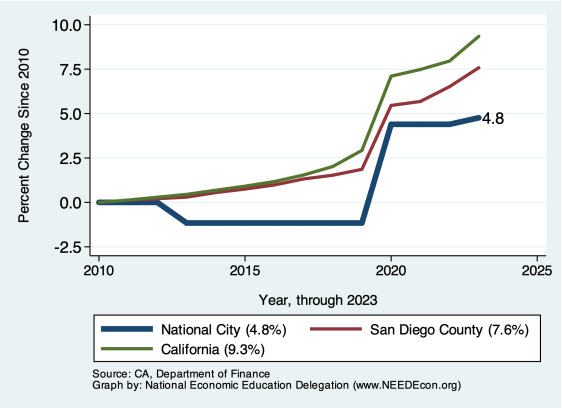


Figure 52: Housing in Buildings with Two to Four Units

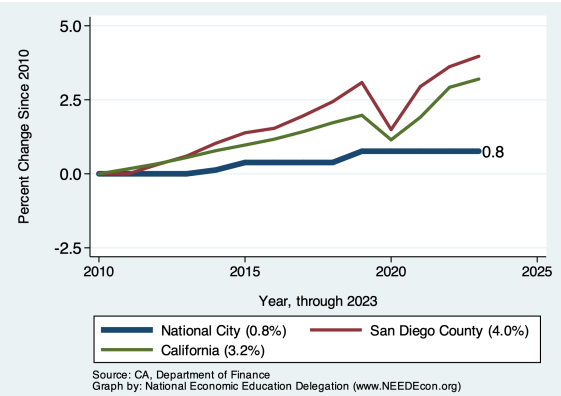
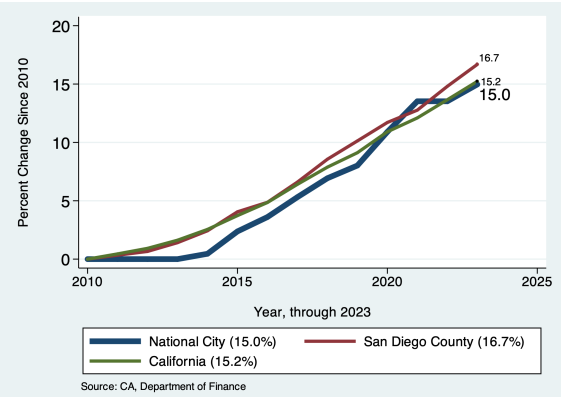


Figure 53: Housing in Buildings with Five or More Units



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Vintage of Residential Housing

Why is it important?

This section provides evidence on the year in which residential housing in National City was built. We break it down into owned versus rented residences and provide a comparison across San Diego County and broader regions. A sense of the age of housing in a region provides an indication of the urgency with which a region might pursue additional housing. As the housing stock ages, an urgency with which renovations and rebuilds are permitted might result. All things equal, more recently constructed housing will be more likely to meet current codes and standards. Remodeling of existing units will be more desirable when existing units are, on average, older.

Figure 54: Distribution of Housing Construction

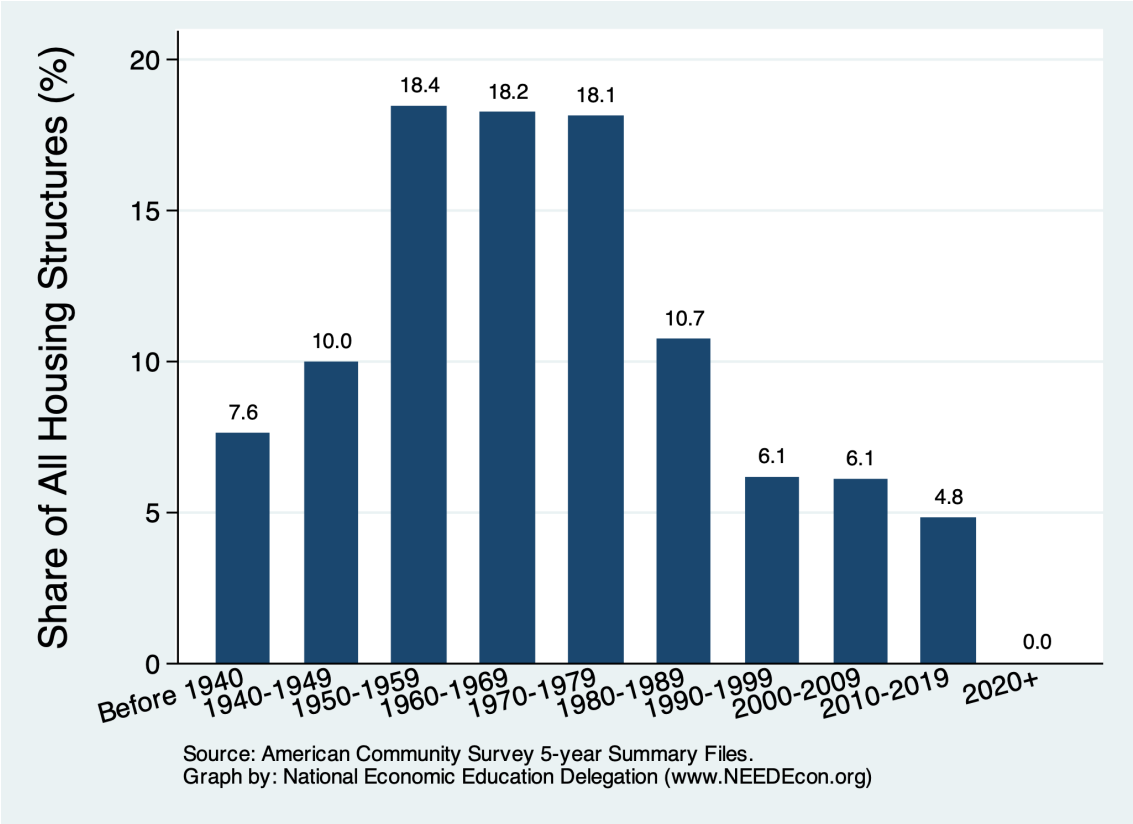


Figure 55: Housing Vintage across Regions

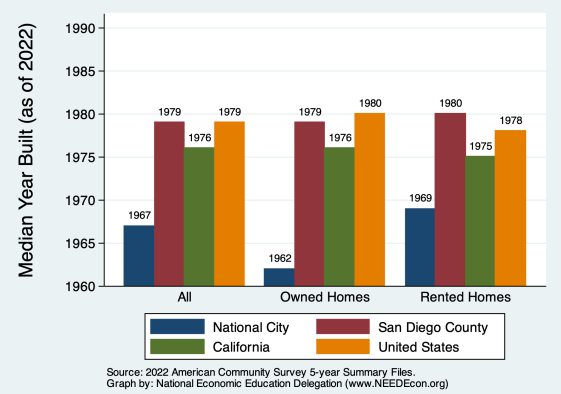


Figure 56: Housing Vintage by Tenure

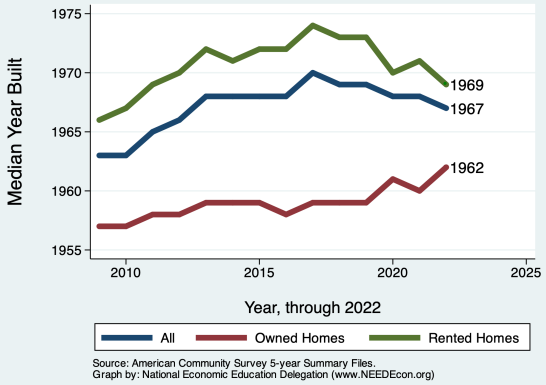


Figure 57: Vintage of Owned Residences

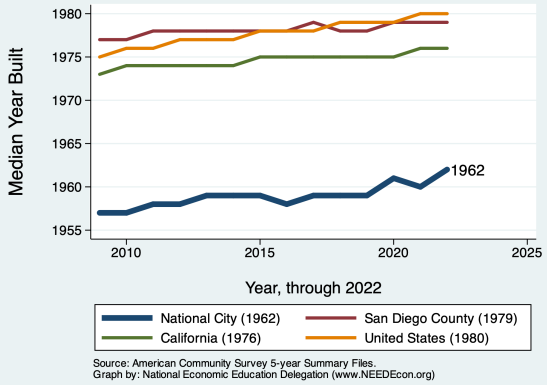


Figure 58: Vintage of Rented Residences

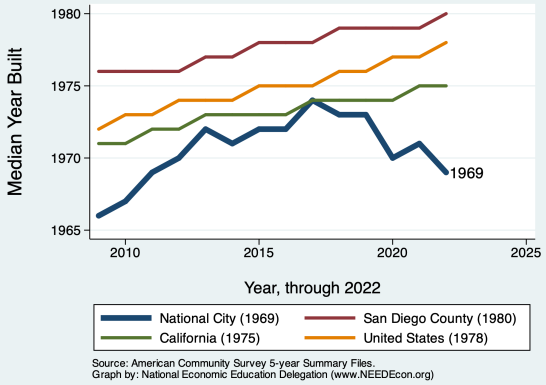
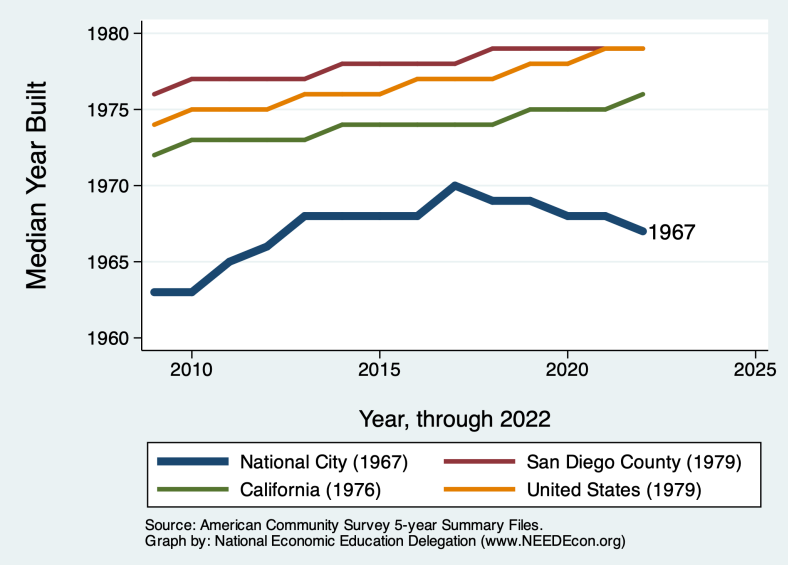


Figure 59: Vintage of All Residences



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Occupation of Residential Housing

Why is it important?

The duration of residence in a city is important for developing future policies regarding growing the local population. If a region is highly mobile, evidenced by most residences having been recently occupied, a city might propose policies to reduce that mobility, or ask why the mobility happens. Policies could be put in place to either reduce or increase migration.

Figure 60: Year Current Occupant Moved In

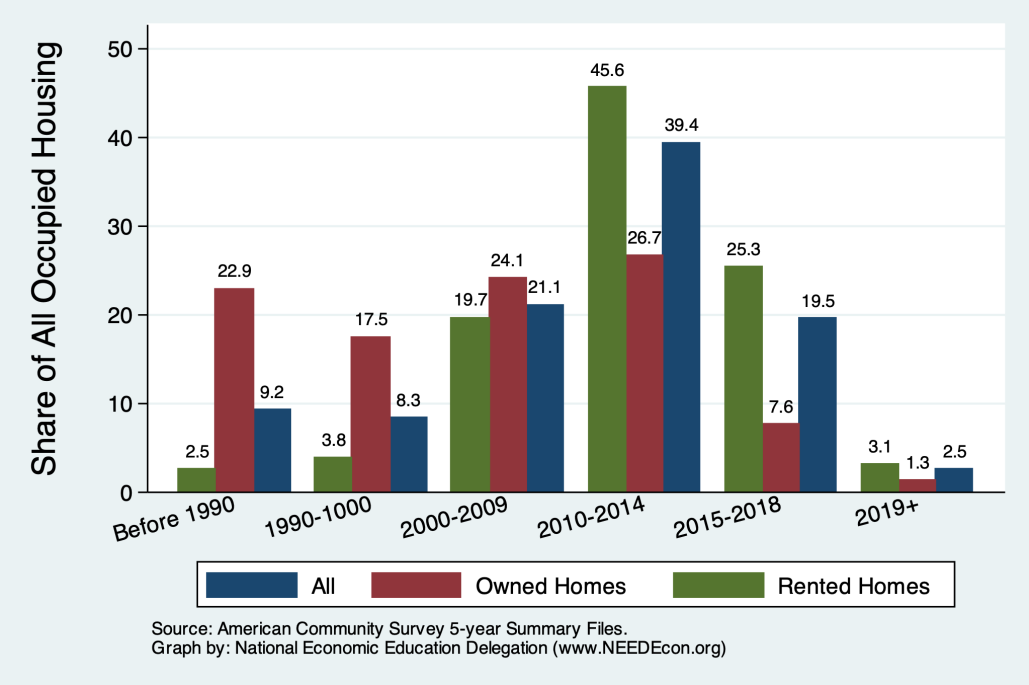

Figure 61: Year Occupied by Current Residents across Regions

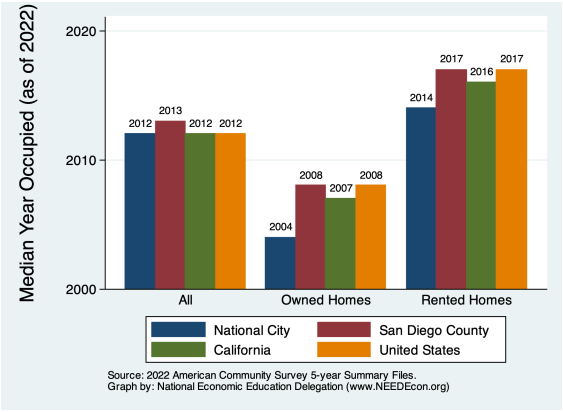

Figure 62: Year Occupied by Current Residents by Tenure

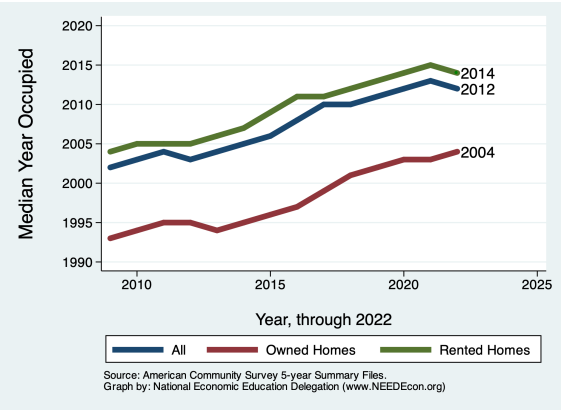

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Figure 63: Year Occupied by Current Residents for Owned Housing

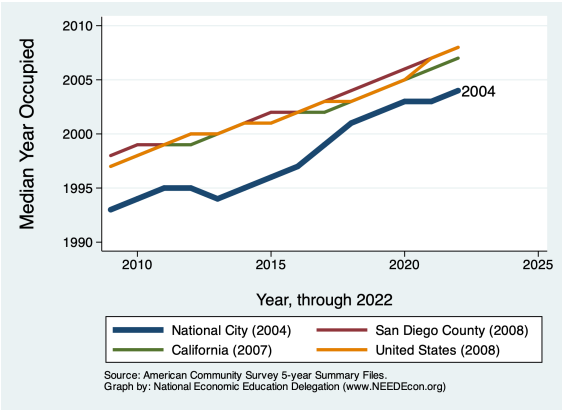


Figure 64: Year Occupied by Current Residents for Rented Housing

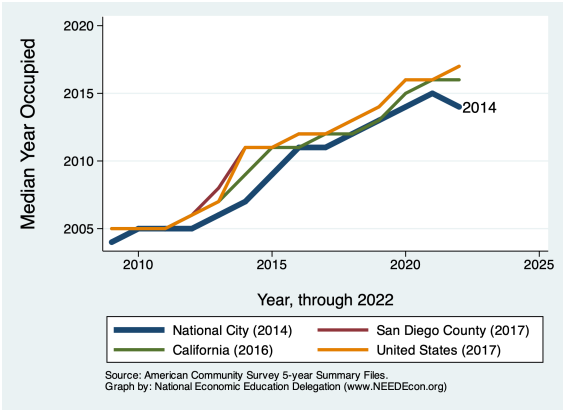
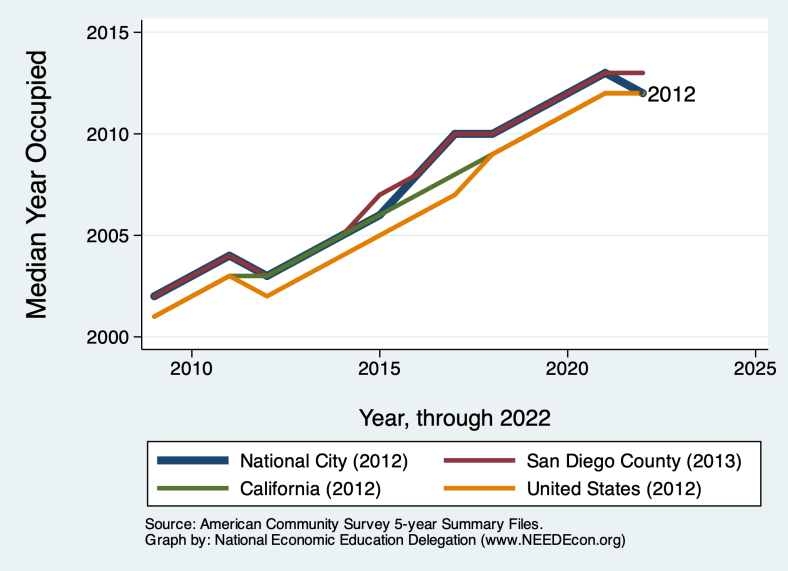


Figure 65: Year Occupied by Current Residents for All Housing



Residential Permitting

Definition:

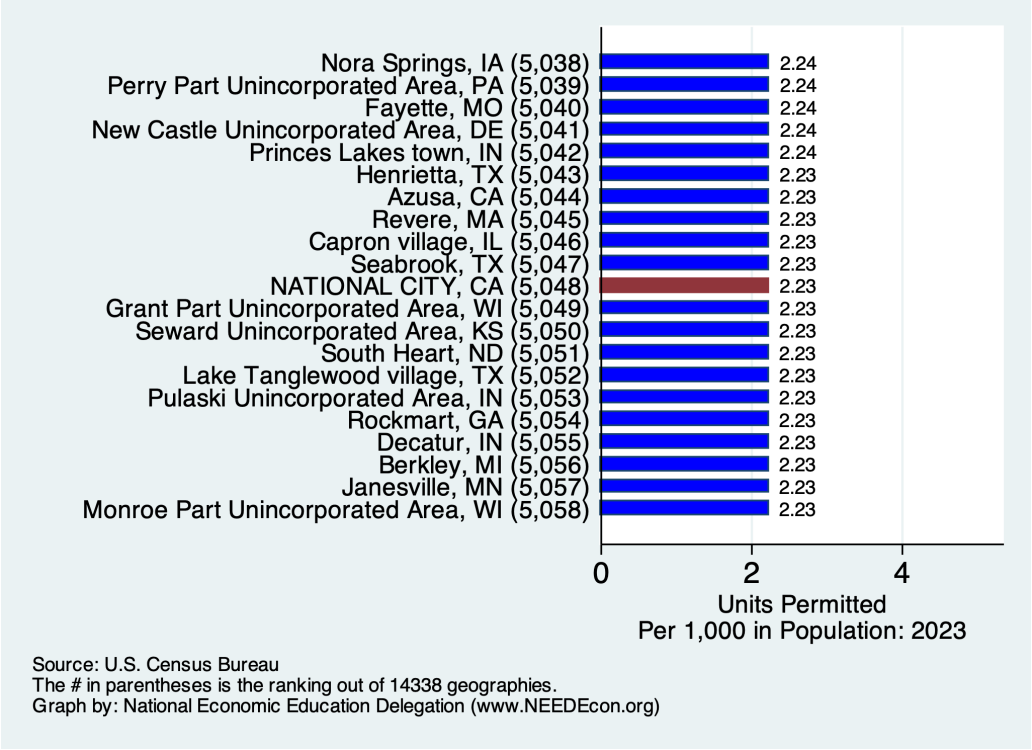
This indicator provides evidence on the number of residential buildings that are permitted for construction each year. Permit data for National City is compared with data from San Diego County as a whole and broader regions. The statistic provided scales the number of permits by population. This is done to facilitate comparisons across regions.

Why is it important?

Building permits are the best indicator available of new units coming on the market. In order for a region's population to grow and flourish, new residential properties must be added to the existing stock. Building, both in the City and in the County more generally, is an indication of the extent to which new residences accommodate new residents or are affecting prices through increased supply.

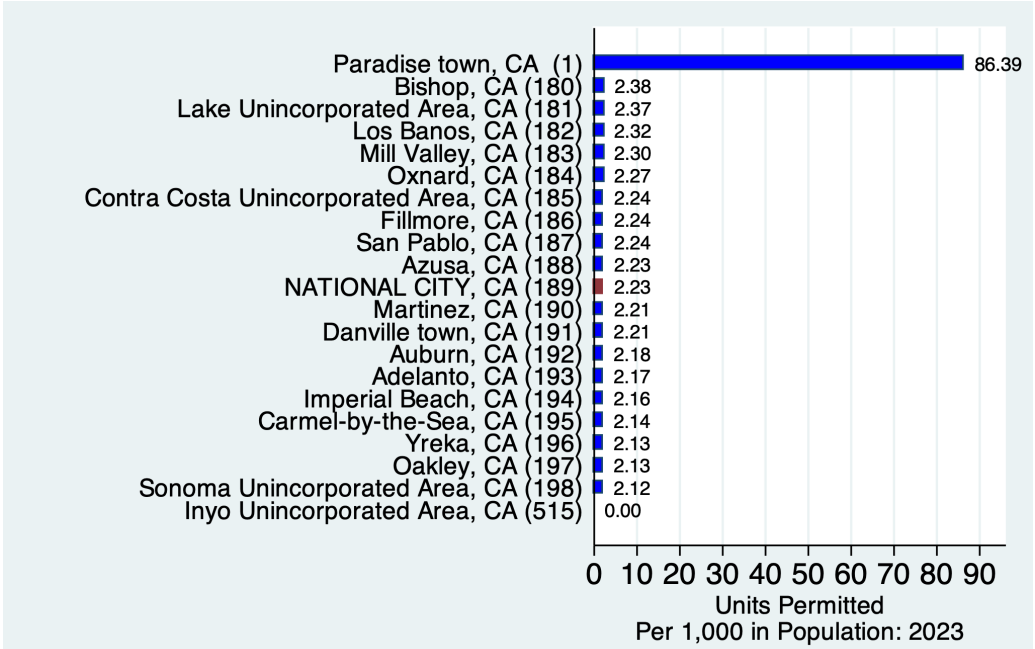
National City - Ranking Among Comparables

Figure 66: Number of Units Permitted - Nationwide Comparables (Rank)



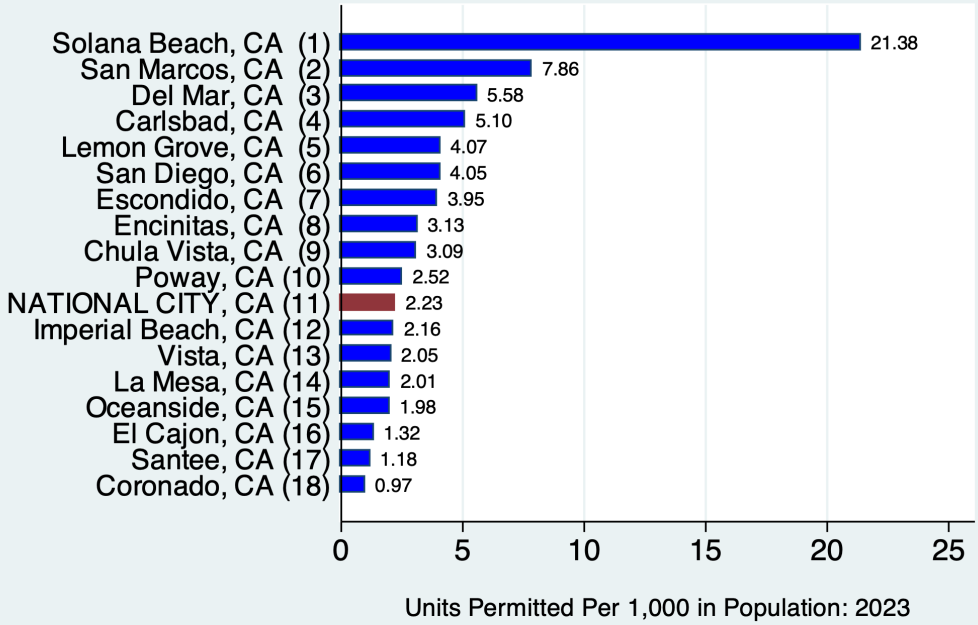
Source: U.S. Census Bureau
The # in parentheses is the ranking out of 14338 geographies.
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 67: Number of Units Permitted - California Comparables (Rank)



Source: U.S. Census Bureau.
The # in parentheses is the ranking out of 515 geographies.
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

Figure 68: Number of Units Permitted - Cities in San Diego County (Rank)



Source: U.S. Census Bureau,
The # in parentheses is the ranking out of 18 geographies.
Graph by: National Economic Education Delegation (www.NEEDEcon.org)

National City - Permitting Activity

Annual Units Permitted - Per Capita in National City

Figure 69: Units Permitted Each Year

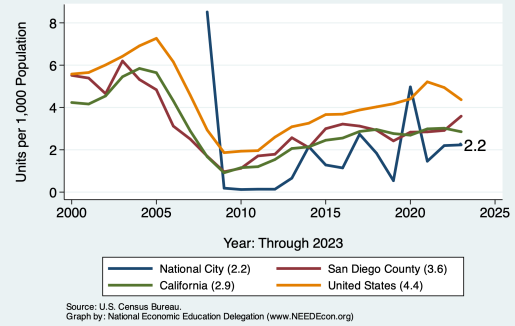
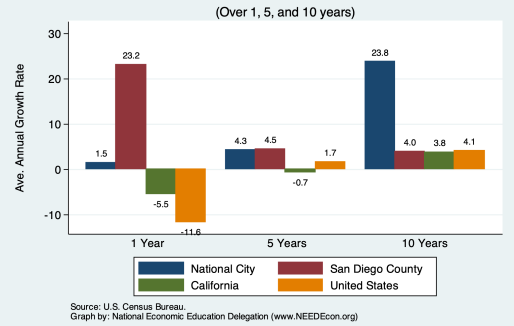


Figure 70: Average Annual Growth in Units Permitted



Annual Number of Buildings Permitted - Per Capita in National City

Figure 71: Units Permitted Each Year

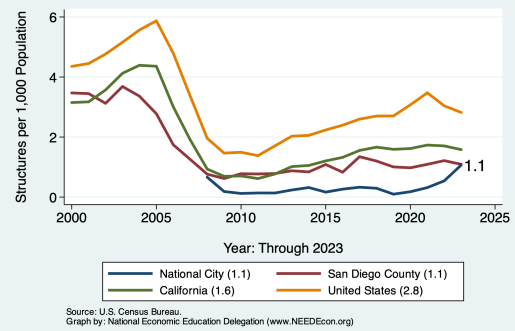
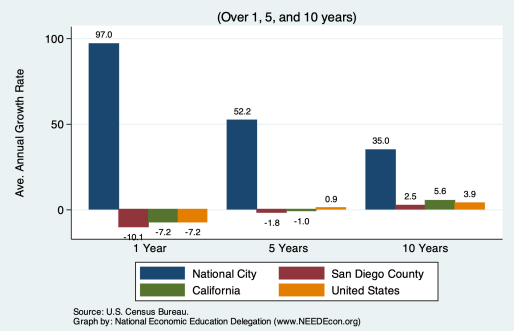


Figure 72: Average Annual Growth in Buildings Permitted



Annual Value of Property Permitted - Per Capita in National City

Figure 73: Value Permitted Each Year

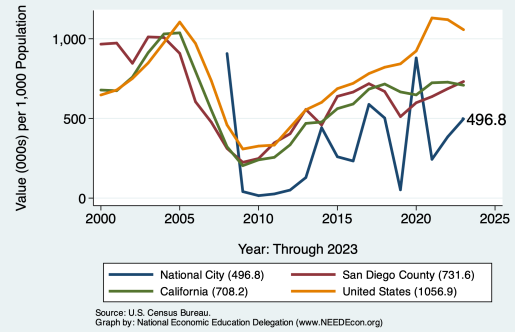
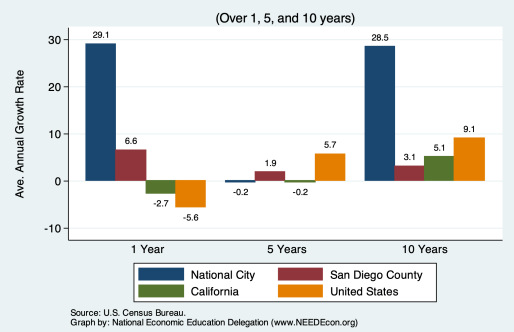


Figure 74: Average Annual Growth in Value Permitted



Commute Patterns

During the recovery from the Great Recession, the period from 2010 to 2019, the Bay Area economy, and Silicon Valley in particular, has been growing at a pace roughly double that of the state as a whole and triple that of the nation. This growth has precipitated a tight housing market and also brought about some significant changes in commute patterns, many of which have been reversed by the pandemic. Recent years have seen significant changes in both the mode of transportation and commute times.

Mode of Transportation

Figure 75: Percent of Workers Commuting by Car Alone

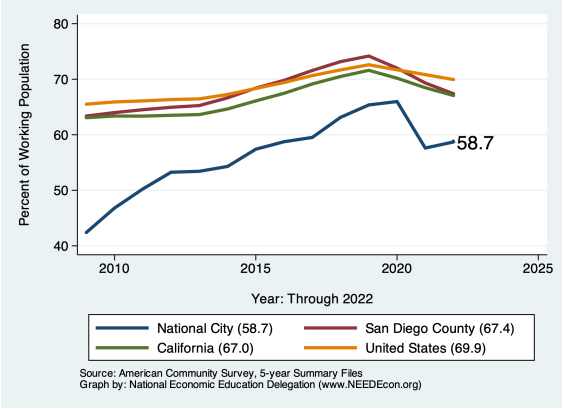


Figure 76: Percent of Workers Commuting by Carpool

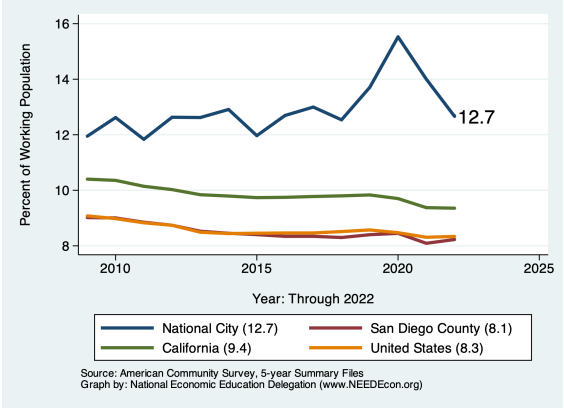


Figure 77: Percent of Workers using Public Transportation

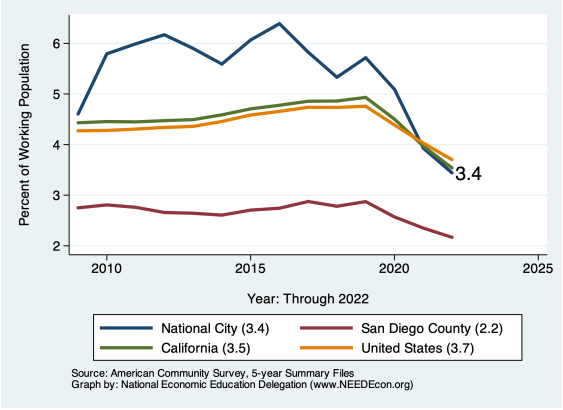
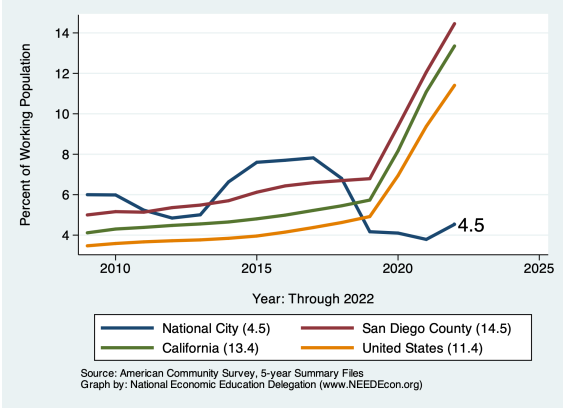


Figure 78: Percent of Workers Who Work From Home



The first table on this page presents data for those who LIVE in National City. The second provides data on those who work, but do not necessarily live in National City. The final two columns provide for a comparison of commute mode choices of people locally with those in California more broadly.

Table 6. SEX OF WORKERS BY MODE OF TRANSPORTATION TO WORK

	Male		Female		All Workers		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van:	12,342	67.1	9,841	77.6	22,183	71.4	78.0
Drove Alone	10,235	55.6	8,012	63.2	18,247	58.7	68.4
Carpooled:	2,107	11.5	1,829	14.4	3,936	12.7	9.5
In 2-person carpool	1,814	9.9	1,332	10.5	3,146	10.1	6.9
In 3-person carpool	266	1.4	297	2.3	563	1.8	1.5
In 4-or-more-person carpool	27	0.1	200	1.6	227	0.7	1.1
Public Transportation (excl Taxi):	567	3.1	503	4.0	1,070	3.4	3.6
Bus or Trolley Bus	512	2.8	446	3.5	958	3.1	2.3
Streetcar or Trolley Car	5	0.0	0	0.0	5	0.0	0.8
Subway or Elevated	18	0.1	0	0.0	18	0.1	0.3
Railroad	32	0.2	57	0.4	89	0.3	0.2
Ferryboat	0	0.0	0	0.0	0	0.0	0.1
Bicycle	117	0.6	35	0.3	152	0.5	0.7
Walked	321	1.7	531	4.2	852	2.7	2.4
Taxicab, Motorcycle, or other	259	1.4	156	1.2	415	1.3	1.7
Worked at Home	637	3.5	772	6.1	1,409	4.5	13.6
Total:	14,243	77.4	11,838	93.3	26,081	83.9	

Source: 2022 5-year American Community Survey, Summary File

Table 7. SEX OF WORKERS BY MODE OF TRANSPORTATION TO WORK FOR WORKPLACE GEOGRAPHY

	Male		Female		All Workers		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van:	11,361	84.4	9,578	83.3	20,939	83.9	78.0
Drove Alone	10,129	75.2	8,377	72.8	18,506	74.1	68.5
Carpooled:	1,232	9.1	1,201	10.4	2,433	9.7	9.5
In 2-person carpool	1,073	8.0	734	6.4	1,807	7.2	6.9
In 3-person carpool	92	0.7	277	2.4	369	1.5	1.5
In 4-or-more-person carpool	67	0.5	190	1.7	257	1.0	1.1
Public Transportation (excl Taxi):	344	2.6	368	3.2	712	2.9	3.6
Bus or Trolley Bus	255	1.9	315	2.7	570	2.3	2.3
Streetcar or Trolley Car	0	0.0	0	0.0	0	0.0	0.8
Subway or Elevated	0	0.0	0	0.0	0	0.0	0.3
Railroad	52	0.4	53	0.5	105	0.4	0.2
Ferryboat	37	0.3	0	0.0	37	0.1	0.1
Bicycle	37	0.3	0	0.0	37	0.1	0.7
Walked	292	2.2	525	4.6	817	3.3	2.4
Taxicab, Motorcycle, or other	340	2.5	217	1.9	557	2.2	1.7
Worked at Home	637	4.7	772	6.7	1,409	5.6	13.6
Total:	13,011	96.6	11,460	99.7	24,471	98.0	

Source: 2022 5-year American Community Survey, Summary File
The results in this table are for those who work in the region, regardless of the location of their residence.

Commute Times for Employed Residents

Table 8. SEX OF WORKERS BY TRAVEL TIME TO WORK

	Male		Female		All Workers		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	(%)
Less than 5 minutes	145	0.8	166	1.4	311	1.0	2.0
5 to 9 minutes	869	5.0	893	7.3	1,762	5.9	7.5
10 to 14 minutes	1,740	9.9	1,460	11.9	3,200	10.7	12.2
15 to 19 minutes	2,306	13.1	2,213	18.1	4,519	15.2	15.0
20 to 24 minutes	2,718	15.5	1,790	14.6	4,508	15.1	14.3
25 to 29 minutes	875	5.0	763	6.2	1,638	5.5	6.3
30 to 34 minutes	2,149	12.2	1,715	14.0	3,864	13.0	15.0
35 to 39 minutes	528	3.0	307	2.5	835	2.8	2.9
40 to 44 minutes	362	2.1	368	3.0	730	2.4	4.3
45 to 59 minutes	809	4.6	682	5.6	1,491	5.0	8.6
60 to 89 minutes	705	4.0	418	3.4	1,123	3.8	7.9
90 or more minutes	400	2.3	291	2.4	691	2.3	4.0
Total:	13,606	77.5	11,066	90.3	24,672	82.8	

Source: 2022 5-year American Community Survey, Summary File

Figure 79: Percent of Employed Population With Commutes of More than 30 Minutes

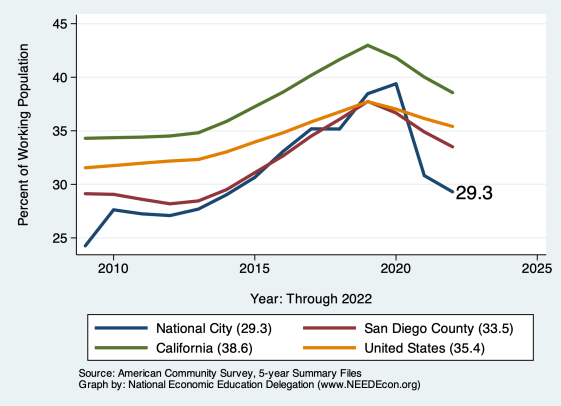


Figure 80: Percent of Employed Population With Commutes of More than 90 Minutes

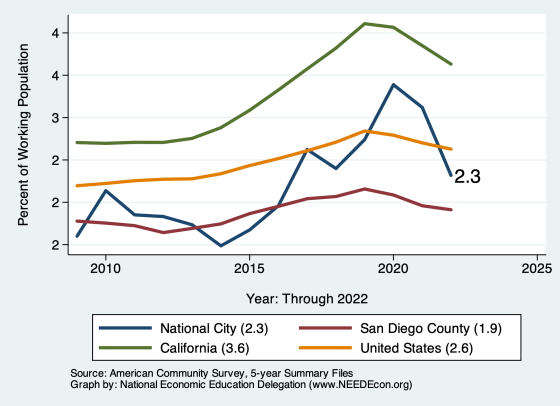
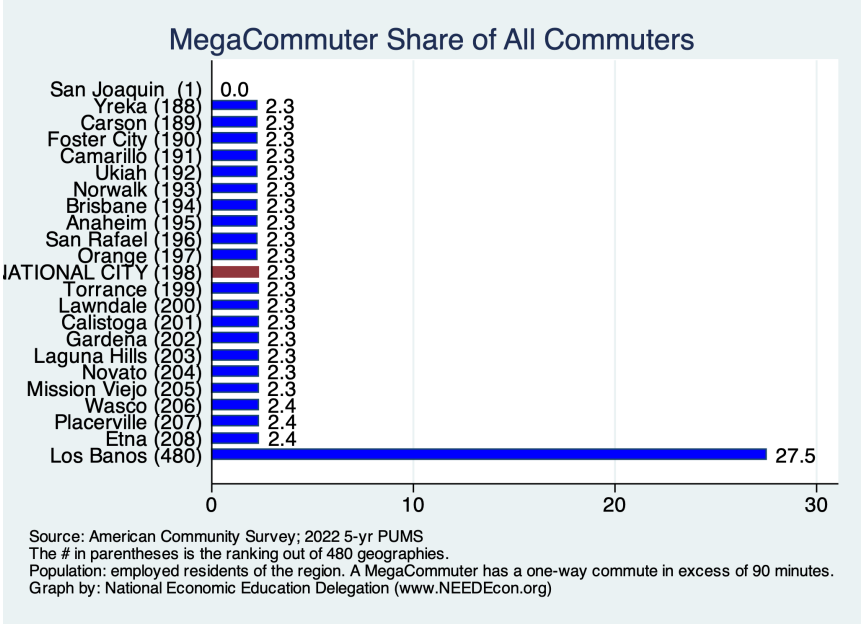


Figure 81: Rank: Share of MegaCommuters Across Similar Geographies



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Commute Times for Those Employed in the City

Table 9. SEX OF WORKERS BY TRAVEL TIME TO WORK FOR WORKPLACE GEOGRAPHY

	Male		Female		All Workers		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	(%)
Less than 5 minutes	133	1.1	249	2.2	382	1.6	2.0
5 to 9 minutes	761	6.0	1,066	9.6	1,827	7.7	7.5
10 to 14 minutes	1,956	15.5	2,240	20.2	4,196	17.7	12.2
15 to 19 minutes	2,958	23.4	2,806	25.3	5,764	24.3	15.0
20 to 24 minutes	2,592	20.5	1,745	15.8	4,337	18.3	14.3
25 to 29 minutes	821	6.5	516	4.7	1,337	5.6	6.3
30 to 34 minutes	1,252	9.9	869	7.8	2,121	9.0	15.0
35 to 39 minutes	155	1.2	347	3.1	502	2.1	2.9
40 to 44 minutes	352	2.8	125	1.1	477	2.0	4.3
45 to 59 minutes	562	4.5	382	3.4	944	4.0	8.6
60 to 89 minutes	361	2.9	235	2.1	596	2.5	7.9
90 or more minutes	471	3.7	108	1.0	579	2.4	4.0
Total:	12,374	98.1	10,688	96.5	23,062	97.4	

Source: 2022 5-year American Community Survey, Summary File
The results in this table are for those who work in the region, regardless of the location of their residence.

Figure 82: Percent of Local Employees With Commutes of More than 30 Minutes

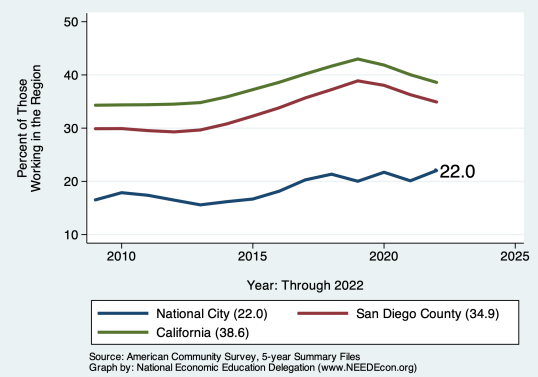


Figure 83: Percent of Local Employees With Commutes of More than 90 Minutes

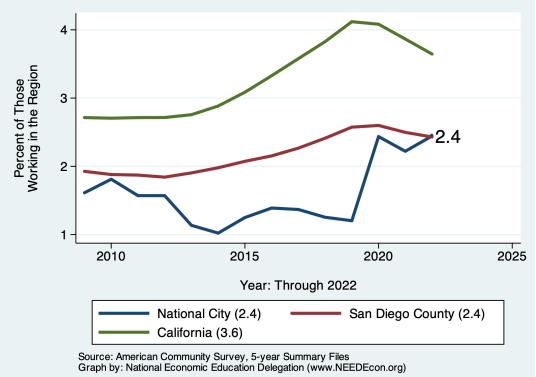
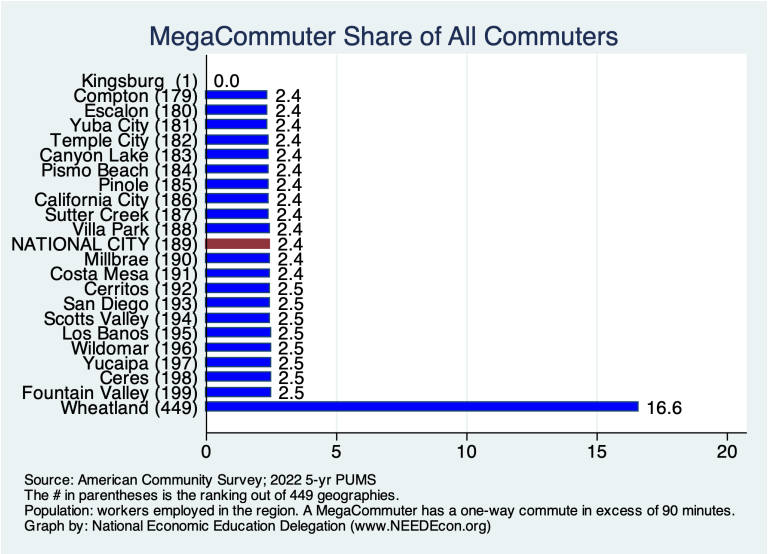


Figure 84: Rank: Share of MegaCommuters Across Similar Geographies



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Place of Work

This section provides evidence on where workers living in National City work. As evidenced in the first table, some of National City's employed workers work in the City, but many do not. The first table and graph pair provide evidence at the county level while the second provide evidence with regard to working outside of the National City city boundary.

Table 10. SEX OF WORKERS BY PLACE OF WORK–STATE AND COUNTY LEVEL

	Male		Female		All Workers		All of CA
Place of Work	#	(%)	#	(%)	#	(%)	(%)
Worked in state of residence:	14,131	76.8	11,838	93.3	25,969	83.5	99.6
Worked in county of residence	14,052	76.4	11,824	93.2	25,876	83.2	84.1
worked outside of county of residence	79	0.4	14	0.1	93	0.3	15.4
Worked outside state of residence	112	0.6	0	0.0	112	0.4	0.4
Total:	14,243	77.4	11,838	93.3	26,081	83.9	

Source: 2022 5-year American Community Survey, Summary File

Figure 85: Percent of Workers Employed Outside of Their County of Residence

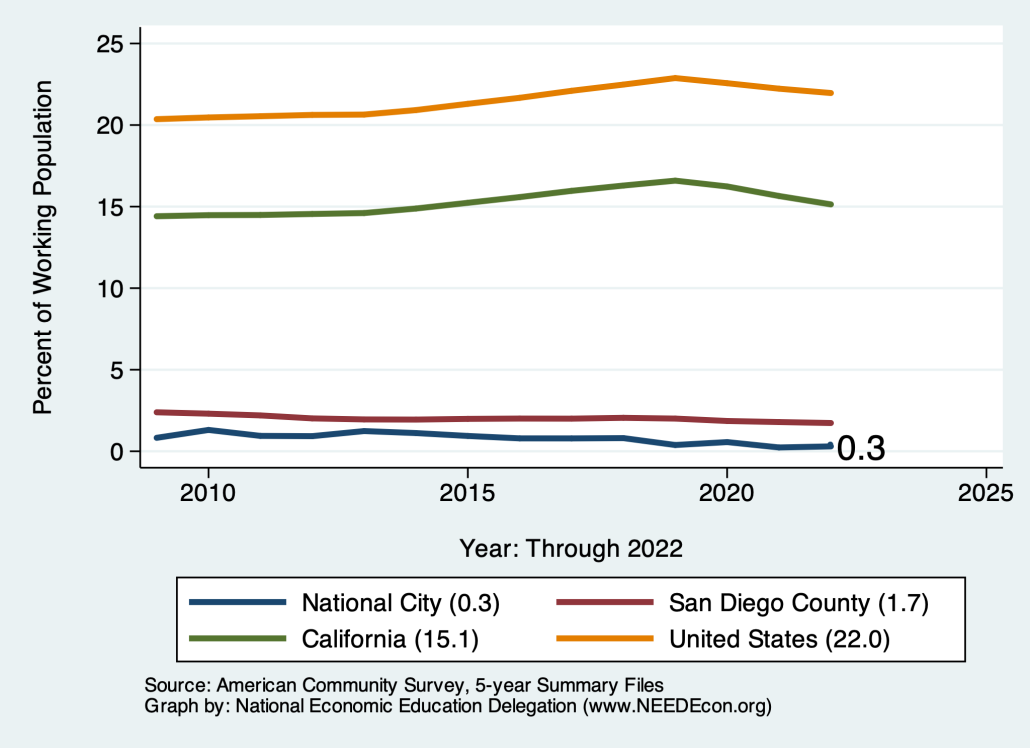
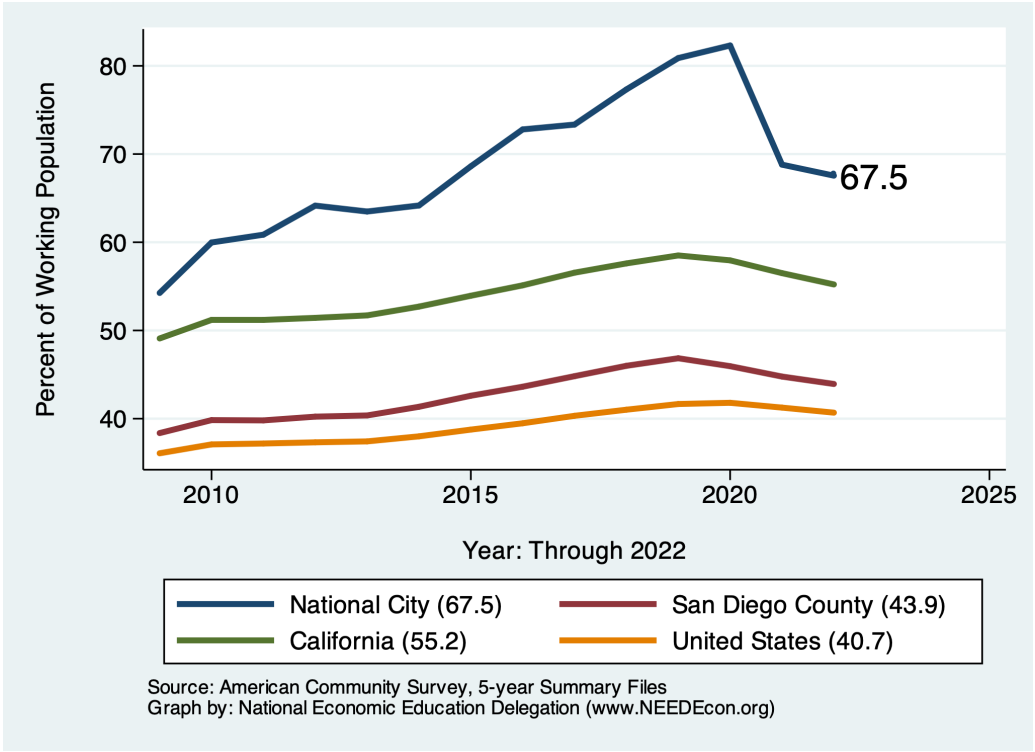


Table 11. SEX OF WORKERS BY PLACE OF WORK–PLACE LEVEL

Place of Work	Male #	Male (%)	Female #	Female (%)	All Workers #	All Workers (%)	All of CA (%)
Living in a place:	14,243	77.4	11,838	93.3	26,081	83.9	95.9
Worked in place of residence	2,310	12.6	2,774	21.9	5,084	16.4	39.5
Worked outside place of residence	11,933	64.8	9,064	71.5	20,997	67.5	56.4
Not living in a place	0	0.0	0	0.0	0	0.0	4.1
Total:	14,243	77.4	11,838	93.3	26,081	83.9	

Source: 2022 5-year American Community Survey, Summary File

Figure 86: Percent of Workers Employed Outside of Their Place of Residence



Commute Mode by Income

Table 12. MEDIAN EARNINGS IN THE PAST 12 MONTHS BY MEANS OF TRANSPORTATION TO WORK

	City	California		United States	
	Median	*Median*	*Ratio*	*Median*	*Ratio*
Car, truck, or van - drove alone	34,237	48,566	102.4	46,171	101.8
Car, truck, or van - carpooled	33,897	36,463	135.0	34,487	135.0
Public transportation (excluding taxicab)	20,804	40,179	75.2	45,100	63.3
Walked	21,709	29,366	107.3	27,142	109.8
Taxicab, motorcycle, bicycle, or other means	32,589	40,433	117.0	36,140	123.8
Worked from home	54,583	75,153	105.5	67,180	111.6
Total:	33,572	48,747	68.9	46,099	72.8

Source: 2022 5-year American Community Survey, Summary File

Notes: 1) Ratio = the ratio of the regional median to either the CA or US median, relative to the Total ratio.
Values above 100 imply a high local median. Values below 100 imply a low local median.
For example, a value of 200 means that the local mean is 2x higher than would be expected.
For "Total:", ratio is simply the ratio of the medians.
2) For regions with more than one geography, the medians are averages weighted by working population.

Table 13. MODE OF TRANSPORTATION TO WORK BY WORKERS' EARNINGS

	< $25,000		$25,000-$74,999		$75,000+		All		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van: Drove Alone	5,755	39.9	6,479	72.2	2,286	71.0	18,247	58.7	68.4
Car, Truck, or Van: Carpooled	1,320	9.1	1,362	15.2	437	13.6	3,936	12.7	9.5
Public Transportation (excl Taxi)	695	4.8	200	2.2	0	0.0	1,070	3.4	3.6
Walked	513	3.6	125	1.4	9	0.3	852	2.7	2.4
Taxicab, Motorcycle, or other	221	1.5	232	2.6	38	1.2	567	1.8	2.4
Worked at Home	319	2.2	464	5.2	451	14.0	1,409	4.5	13.6
Total:	8,823	61.1	8,862	98.7	3,221		26,081	83.9	100.0

Source: 2022 5-year American Community Survey, Summary File

Table 14. MODE OF TRANSPORTATION TO WORK BY WORKERS' EARNINGS FOR WORKPLACE GEOGRAPHY

	< $25,000		$25,000-$74,999		$75,000+		All		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van: Drove Alone	5,236	46.5	6,271	79.6	3,954	77.6	18,506	74.1	68.5
Car, Truck, or Van: Carpooled	887	7.9	568	7.2	465	9.1	2,433	9.7	9.5
Public Transportation (excl Taxi)	313	2.8	164	2.1	100	2.0	712	2.9	3.6
Walked	468	4.2	126	1.6	75	1.5	817	3.3	2.4
Taxicab, Motorcycle, or other	187	1.7	285	3.6	52	1.0	594	2.4	2.4
Worked at Home	319	2.8	464	5.9	451	8.8	1,409	5.6	13.6
Total:	7,410	65.8	7,878		5,097		24,471	98.0	

Source: 2022 5-year American Community Survey, Summary File

The results in this table are for those who work in the region, regardless of the location of their residence.

Commute Mode by Poverty Status

Table 15. MODE OF TRANSPORTATION TO WORK BY POVERTY STATUS

	In Poverty		100-149% of Pov		>150% of Pov		All		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van: Drove Alone	1,073	32.4	1,713	59.9	15,075	70.9	17,861	70.2	68.7
Car, Truck, or Van: Carpooled	304	9.2	467	16.3	3,055	14.4	3,826	15.0	9.5
Public Transportation (excl Taxi)	108	3.3	121	4.2	832	3.9	1,061	4.2	3.6
Walked	101	3.0	92	3.2	479	2.3	672	2.6	2.1
Taxicab, Motorcycle, or other	14	0.4	0	0.0	541	2.5	555	2.2	2.4
Worked at Home	26	0.8	59	2.1	1,278	6.0	1,363	5.4	13.6
Total:	1,626	49.1	2,452	85.7	21,260		25,338	99.5	

Source: 2022 5-year American Community Survey, Summary File

Table 16. MODE OF TRANSPORTATION TO WORK BY POVERTY STATUS FOR WORKPLACE GEOGRAPHY

	In Poverty		100-149% of Pov		>150% of Pov		All		All of CA
Mode of Transit	#	(%)	#	(%)	#	(%)	#	(%)	(%)
Car, Truck, or Van: Drove Alone	1,300	66.6	1,082	49.0	16,022	76.3	18,404	76.2	68.7
Car, Truck, or Van: Carpooled	250	12.8	96	4.3	2,075	9.9	2,421	10.0	9.5
Public Transportation (excl Taxi)	52	2.7	71	3.2	589	2.8	712	2.9	3.6
Walked	67	3.4	103	4.7	493	2.3	663	2.7	2.1
Taxicab, Motorcycle, or other	65	3.3	0	0.0	529	2.5	594	2.5	2.4
Worked at Home	26	1.3	59	2.7	1,278	6.1	1,363	5.6	13.6
Total:	1,760	90.1	1,411	63.9	20,986		24,157		

Source: 2022 5-year American Community Survey, Summary File
The results in this table are for those who work in the region, regardless of the location of their residence.

Migration

Overall Migration Flows

Definition:

The United States is a country with an increasingly mobile population. People move, migrate, from one place to another with increasing frequency.

Why is it important?

Having a handle on whether or not National City is a net recipient (migration inflows) or donor (migration outflows) of population is very important for understanding trends in the City's development. This section outlines migration patterns by age, education, income, marital status, and housing tenure. Understanding recent trends is very important for making policy, investment, and other decisions about the future. Also, understanding the extent to which the population is stable, or experiences significant turnover each year is helpful for planning purposes.

Figure 87: Overall Movements of Residents

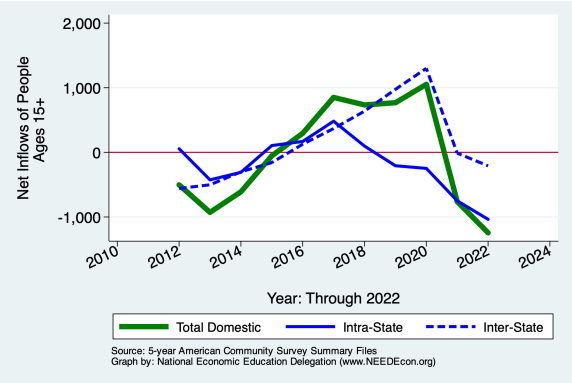


Table 17: Migration by Income

		Net Inflows				
			Same State			
Category	Population	All Migration	W/in County	Between Counties	Across States	From Abroad
No income	7,637	−419	−465	−18	−42	106
With income	38,207	−547	−424	−129	−167	173
$1 to $9,999 or loss	5,274	−110	−40	−21	−66	17
$10,000 to $14,999	5,088	−36	3	7	−68	22
$15,000 to $24,999	6,617	−75	−89	15	−21	20
$25,000 to $34,999	6,742	−17	10	−76	23	26
$35,000 to $49,999	5,481	−52	−43	−97	68	20
$50,000 to $64,999	3,426	−54	−10	0	−95	51
$65,000 to $74,999	1,494	18	−35	42	11	0
$75,000 or more	4,085	−221	−220	1	−19	17
All:	45,844	−966	−889	−147	−209	279

Source: 2022 5-year American Community Survey, Summary File
Note: The data in this and other tables in this section are limited in that there is no information on the City's population that has moved abroad.
The "From Abroad" column is gross movements into the City from abroad.

Figure 88: Overall Movements of Low Income Residents

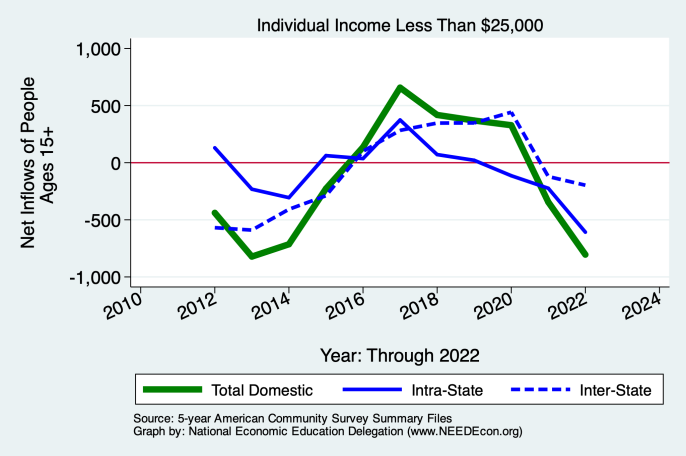


Figure 89: Overall Movements of Middle Income Residents

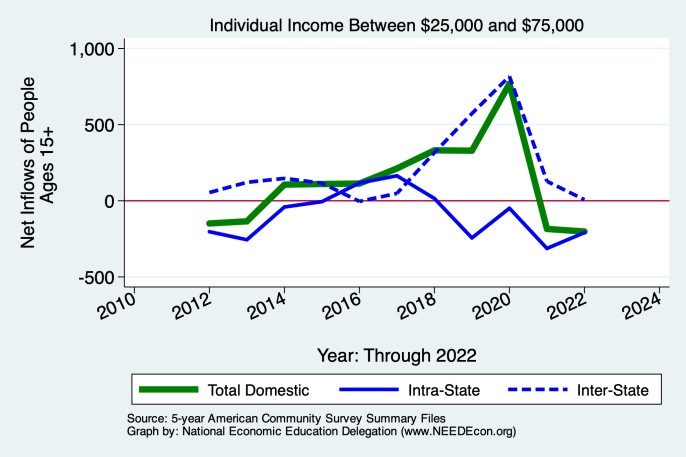
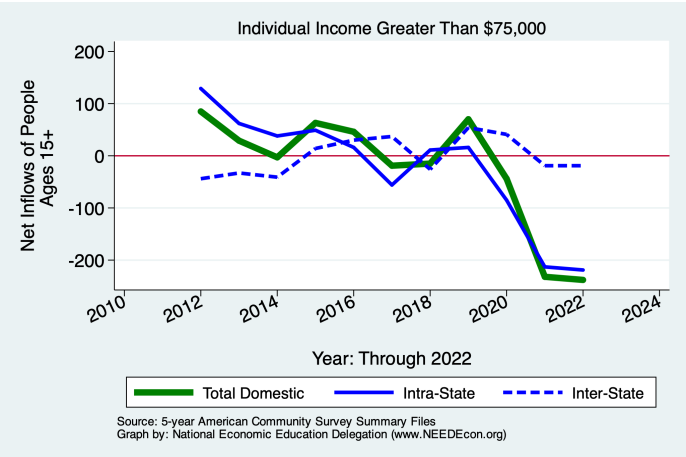


Figure 90: Overall Movements of High Income Residents



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Demographics of Migration Flows

Table 18: Migration by Marital Status

Category	Population	Net Inflows				
			Same State			
		All Migration	W/in County	Between Counties	Across States	From Abroad
Never married	17,118	−228	−334	−14	−40	160
Now married, except separated	19,845	−839	−603	−119	−206	89
Divorced	4,567	96	−24	43	47	30
Separated	1,325	−80	4	−61	−23	0
Widowed	2,989	85	68	4	13	0
Total:	45,844	−966	−889	−147	−209	279

Source: 2022 5-year American Community Survey, Summary File

Table 19: Migration by Tenure

Category	Population	Net Inflows				
			Same State			
		All Migration	W/in County	Between Counties	Across States	From Abroad
Householder lived in owner-occupied housing units	20,498	−571	−576	75	−197	127
Householder lived in renter-occupied housing units	33,826	−959	−747	−228	−117	133
Total:	54,324	−1,530	−1,323	−153	−314	260

Source: 2022 5-year American Community Survey, Summary File

Figure 91: Domestic Movements of Residents by Tenure

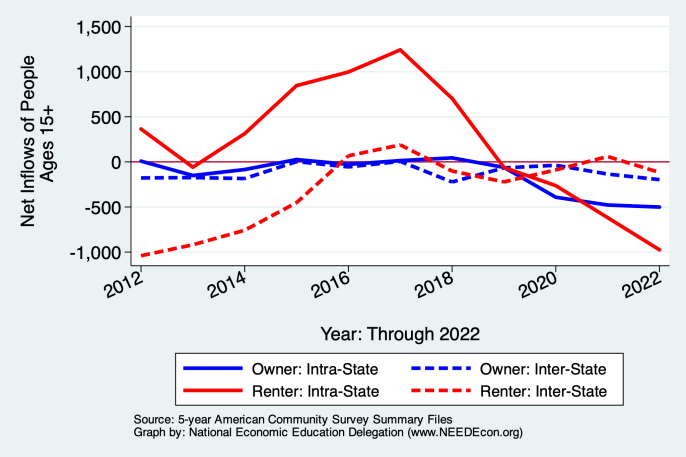

Table 20: Migration by Age

Category	Population	Net Inflows				
			Same State			
		All Migration	W/in County	Between Counties	Across States	From Abroad
1 to 4 years	2,596	−106	−127	−14	20	15
5 to 17 years	9,520	−304	−262	−1	−65	24
18 and 19 years	1,475	−90	−146	15	4	37
20 to 24 years	3,920	−206	−78	−75	−53	0
25 to 29 years	4,445	112	152	−6	−125	91
30 to 34 years	4,816	−237	−203	16	−50	0
35 to 39 years	3,772	−69	−203	0	74	60
40 to 44 years	3,149	−454	−416	−13	−38	13
45 to 49 years	3,299	−109	−117	1	0	7
50 to 54 years	3,358	27	34	−8	−12	13
55 to 59 years	3,592	99	60	1	38	0
60 to 64 years	3,531	90	97	−15	−5	13
65 to 69 years	2,446	29	6	0	6	17
70 to 74 years	2,004	−41	7	0	−48	0
75 years and over	3,938	16	49	−55	10	12
Total Population:	55,861	−1,243	−1,147	−154	−244	302

Source: 2022 5-year American Community Survey, Summary File

Table 21: Migration by Educational Attainment

Category	Population	Net Inflows				
			Same State			
		All Migration	W/in County	Between Counties	Across States	From Abroad
Less than high school graduate	9,518	−145	−253	67	9	32
High school graduate (includes equiv)	11,122	−74	−107	−38	51	20
Some college or assoc. degree	11,606	−335	−109	−108	−133	15
Bachelor's degree	4,717	10	−28	28	−130	140
Graduate or professional degree	1,387	7	−37	−28	53	19
Total:	38,350	−537	−534	−79	−150	226

Source: 2022 5-year American Community Survey, Summary File

Table 22: Median Income of Migration Flows

Flow	In-Migration	Out-Migration
Same House 1 Year Ago	28,246	28,246
Moved Within Same County	26,025	28,307
Moved to Different County, Same State	68,750	40,313
Moved Between States	40,156	35,165
Moved from Abroad	47,688	
Total Population:	28,340	28,434

Source: 2022 5-year American Community Survey, Summary File

Table 23: Median Age of Migration Flows

Flow	In-Migration	Out-Migration
Same House 1 Year Ago	37.0	37.0
Moved Within Same County	31.9	31.2
Moved to Different County, Same State	30.4	32.4
Moved Between States	29.3	25.9
Moved from Abroad	29.2	
Total Population:	36.3	36.0

Source: 2022 5-year American Community Survey, Summary File

References and Sources

The majority of the data presented in this report are from the American Community Survey (ACS). For larger geographies, the 1-year Summary Files provide the data. For smaller communities, roughly those with less than 65,000 in population in 2021, the 5-year Summary Files provide the data.

The ACS data are supplemented by building permit data from the U.S. Census Bureau, population and housing data from the California Department of Finance, and home price and rental rates from Zillow.

U.S. Census Bureau. American Community Survey 1-year and 5-year Summary Files. https://www.census.gov/programs-surveys/acs/data/data-via-ftp.html. The 1-year data are released in September each year and the 5-year data are relased in January.

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